

PRAYER'S BOOK

ENGLISH

UP 2 PRAY



PRAYER'S BOOK

World Youth Day
Lisboa 2023

*«Mary arose and went with haste»
(Lk 1, 39)*

ENGLISH

MARY
arose and
WENT WITH
haste
(LK 1, 39)





INDEX



WYD Lisbon 2023.	9
Theme	10
Official Prayer	11
Official Theme Song	12
Patrons	14
St. John Paul II.	15
St. John Bosco	16
St. Vincent	17
St. Anthony.	18
St. Bartholomew of the Martyrs	19
St. John de Brito	20
Blessed Joan of Portugal	21
Blessed John Fernandes	22
Blessed Maria Clara of the Child Jesus	23
Blessed Pier Giorgio Frassati	24
Blessed Marcel Callo	25
Blessed Chiara Badano	26
Blessed Carlo Acutis	27



Spirituality Itinerary	29
----------------------------------	----



Daily Prayers.	34
July 30th	35
July 31st	39
August 1st.	43
August 2nd	47
August 3rd	51
August 4th	55
August 5th	59
August 6th	63



Daily Readings69
July 30th70
July 31st74
August 1st78
August 2nd82
August 3rd85
August 4th88
August 5th91
August 6th94



Daily Challenges99
----------------------------	-----



Official Celebrations	103
Opening Mass.	104
Welcome Cerimony	133
Way of the Cross.	138
Vigil Adoration	149
Missioning Mass	155



Reconciliation itinerary	183
Ready	184
Believe.	187
Give Thanks.	190
Rise up.	193



Examination of Conscience	197
-------------------------------------	-----



Praying the Vocation	202
--------------------------------	-----



Exposition of the most Holy Sacrament	207
---	-----



Angelus.	211
------------------	-----



Holy Rosary	214
Glorious Mysteries.	215
Joyful Mysteries	218
Sorrowful Mysteries.	222
Luminous Mysteries.	225



Homecoming	229
----------------------	-----

"God is real because love is real; God is concrete because love is concrete."

Pope Francis, WYD Panama 2019





WYD LISBON 2023



THEME

"Mary arose and went with haste" (Lk 1, 39)

In 2019, at the World Youth Day we lived in Panama, we listened to the episode of the Annunciation of the Angel to Our Lady. Now, in Lisbon, we continue to let ourselves be guided by Mary's hand. Pope Francis invites us to gather at this XXVII World Youth Day around the theme "Mary arose and went with haste" (Lk 1,39).

Mary, our Mother and Teacher, has always been "the great model for a young Church, which wants to follow Christ with freshness and docility" (Chv 43). She is willing to be "the handmaid of the Lord" (Lk 1,38), accompanying her Son with a protective gaze throughout his life. She is a living example of deep joy, contemplating life in the light of faith and keeping the beauty of details in her heart. She accompanies us on this journey, where we are invited to rise up and run to meet Christ.

God looks upon every young person with love and hope, inviting each one to rise up from the places in life where they are settled. Once we rise up, Christ invites us to go on a mission in our daily lives so that we can be His presence in the world, through a life transformed by encounter with Him.

In a world thirsty for hope, God counts on us to rise up and go forth, being His response to the aspirations of humanity.



OFFICIAL PRAYER

Our Lady of the Visitation, you who arose and went with haste into the hill country to meet Elizabeth, lead us also to encounter all those who await us to deliver them the living Gospel: Jesus Christ, your Son and our Lord!

We, too, will go in haste, without distraction or delay, but with readiness and joy.

We will go with peace because those who bring Christ bring peace, and well-being comes from being generous and loving in our deeds.

Our Lady of the Visitation, through your inspiration, this World Youth Day will be a shared celebration of Christ, whom we bring to others, just as you did.

Please make this a time of testimony and sharing, of fraternity and thanksgiving, with each of us looking for opportunities to give to those who are waiting to receive.

With you, we will continue on this path of encounter so that our world will join us, too, in fraternity, justice, and peace.

Help us,

Our Lady of the Visitation, to bring Christ to everyone, in obedience to the Father and in the love of the Holy Spirit!

Amen



OFFICIAL THEME SONG

From far and wide to gather in this place
We spread our wings and here we are,
And with Mary proclaiming our Yes
We seek to serve and follow the will
Of the Lord, our Father
Chiamati ad essere come Cristo Gesù,
Vogliamo dare, diventare,
Docili al sì, essere come Maria.

Chorus:

Todos vão ouvir a nossa voz,
Levantemos braços, há pressa no ar.
Jesus vive e não nos deixa sós:
Não mais deixaremos de amar.

Tú que te buscas saber quién eres
parte a descubrir, ven a ver lo que vi.
Ven con nosotros a mirar más allá,
de lo que haces y que no te deja
reír y amar.
Oublie le passé, ne dis pas non.
Écoute donc ton coeur,
Et pars sans peur sur cette mission.

[Chorus]



Tú que te buscas saber quién eres
parte a descubrir, ven a ver lo que vi.
Ven con nosotros a mirar más allá,
de lo que haces y que no te deja
reír y amar.
Oublie le passé, ne dis pas non.
Écoute donc ton coeur,
Et pars sans peur sur cette mission.

[Chorus]

Sans aucun doute sur sa mission,
Si jeune, Marie quitte promptement
Sa maison et part dans les montagnes
Voir Elisabeth et trouve immédiatement
Salutation, communion.
Le fruit est béni, c'est mon Seigneur!
And I want to hear: You trusted in my word
and happiness is yours!

[Chorus]

PATRONS



The preparation, realization and dynamism of each World Youth Day, inaugurated by the meeting of young people from all over the world with the Pope, is entrusted to patrons, that is, to canonized saints or saints in the process of canonization, acting as a reference for the youth community.

For WYD Lisbon 2023, the Local Organizing Committee has proposed 13 patrons, women, men and young people who, as the Cardinal Patriarch affirms, "have shown that life in Christ fills and saves the youth of all times". These patrons, who were born in the city hosting WYD or come from other countries, are models for young people.





ST. JOHN PAUL II

Saint John Paul II (Karol Wojtyla) was born on May 18, 1920 in Wadowice (Poland). His vocation to the priesthood matured during the Second World War and in November 1946 he was ordained a priest. On October 16, 1978, at the age of 58, he was elected Pope. During his pontificate he visited 129 countries and, in 1984, he created the World Youth Day (WYD). He died on April 2, 2005 and was canonized on April 27, 2014. His feast day is celebrated on October 22.

Prayer

God, rich in mercy,
who placed Pope John Paul II,
founder of World Youth Day,
at the head of your Church,
grant that, instructed by his teachings,
we may confidently open our hearts
to the saving grace of Christ,
the only Savior of the world,
who lives and reigns forever and ever.
Amen.





ST. JOHN BOSCO

St. John Bosco was born in 1815, in Castelnuovo d'Asti, northern Italy. In 1841 he was ordained priest and began his ministry in the city of Turin. It was there, because of his daily contact with orphans and abandoned youth, that he decided to found the Oratory of St. Francis de Sales. He died in 1888 leaving a vast work: the Salesian Family spread throughout the continents. He was canonized on April 1, 1934. His feast day is celebrated on January 31.

Prayer

Lord our God who,
through St. John Bosco, gave a father for
your Church and a teacher for youth,
grant that, inspired by the same love,
we may make WYD Lisbon 2023 a meeting
for all young people and give ourselves to your
service by working for the salvation of humanity.
Through Christ our Lord.
Amen.





ST. VINCENT

St. Vincent was born in Huesca, capital of the province of Aragon, into a Christian and important family within the Roman Empire. Under the guidance of Valerius, bishop of the city of Saragossa, he was admitted as a deacon for the service of his diocese. At the beginning of the fourth century – around 303 – he was arrested in the context of a new persecution of Christians. He died in prison, victim of torture. St. Vincent is the saint patron of the city of Lisbon and his feast day is celebrated on January 22.

Prayer

Eternal and almighty God,
infuse in us your Spirit,
so that our hearts and the hearts of so many young people
who are participating and will participate in WYD Lisbon 2023,
may be strengthened with the same love
that helped St. Vincent to endure martyrdom.
Through Christ our Lord.
Amen.





ST. ANTHONY

Saint Anthony was born in Lisbon in 1195. While still a teenager, he entered the Convent of the Canons Regular of St. Augustine in that city. In 1220 he moved to the Franciscan friary of Coimbra. He participated in the General Chapter held in Assisi in 1221, where he met Francis of Assisi. This distinguished preacher died on June 13, 1231, the day on which we celebrate his liturgical feast. He was buried in Padua. Less than a year after the anniversary of his death, he was canonized by Pope Gregory IX.

Prayer

Almighty and eternal God,
who through St. Anthony gave to Your people
an outstanding preacher of the Gospel
and a powerful intercessor before You,
grant that, with his help,
we may faithfully follow the teachings of the
Christian life and merit Your protection in the
face of every adversity.

We entrust to St. Anthony the World Youth Day
that will take place in the city where he was
born. Through Christ our Lord.
Amen.





ST. BARTHOLOMEW OF THE MARTYRS

Saint Bartholomew of the Martyrs was born in Lisbon in 1514, and at the age of 14 he entered the Dominican Order in that city. He was ordained bishop in 1559 and on that same year received the pallium of Archbishop of Braga. He participated in the third and last stage of the Council of Trent (1562-1563). He died on July 16, 1590, recognized and acclaimed by the people as the "holy archbishop, father of the poor and the sick". He was canonized by Pope Francis in 2019. His feast day is celebrated on July 18.

Prayer

Lord,
who endowed Blessed Saint Bartholomew of the Martyrs
with great apostolic charity,
always protect your Church so that,
like him, we too may be glorious in our pastoral life,
always fervent in your love
in ecclesial commitment since our youth.
Through Christ our Lord.
Amen.





ST. JOHN DE BRITO

Saint John de Brito was born in Lisbon in 1647 in a noble family. At the age of fifteen he entered the Society of Jesus and was ordained a priest at the age of 26. In 1673 he began his missionary work, and from then on he would achieve his life's goal: to die in India proclaiming the Gospel. In January 1693, after facing severe torments, he was arrested and martyred. He was canonized by Pope Pius XII on June 22, 1947. His feast day coincides with the day of his martyrdom, February 4.

Prayer

Lord,
who strengthened with invincible constancy
the martyr St. João de Brito to preach the faith
among the peoples of India,
grant us, through his merits and
intercession that, celebrating the
memory of his triumph, we may
imitate his examples of faith
and that WYD Lisbon 2023 may be
a sign of hope for all.
Through Christ our Lord.
Amen.





BLESSED JOAN OF PORTUGAL

Blessed Joan of Portugal, daughter of King Alfonso V, was born on February 6, 1452. At the age of 20, after rejecting several royal suitors and determined to be only the “spouse” of Jesus Christ, she retired to the Convent of Odivelas, from where she moved to the Convent of Jesus in Aveiro. During her life at the convent she practiced penance and assistance to the less favoured. She died at the age of 38, on May 12, 1490, the day on which her liturgical feast is celebrated. She was beatified by Pope Innocent XII in 1693.

Prayer

God of infinite goodness who,
amidst the pleasures of the court and
the allurements of the world,
strengthened Blessed Joan of Portugal
with the virtue of constancy,
grant that your faithful, especially the young,
may overcome the seduction of earthly goods
and always aspire to
heavenly goods.
Through Christ our Lord.
Amen.





BLESSED JOHN FERNANDES

Blessed John Fernandes was born in Lisbon and was one of the 73 missionaries who, in 1570, accompanied Inácio de Azevedo in his missionary dream of evangelizing Brazil. He was then 19 years old and a Jesuit novice. On July 15, shortly after their departure for Brazil (near the Canary Islands), the ship in which they were traveling was attacked by a fleet of five Huganot pirate ships, who martyred them. Pius IX recognized the martyrdom and confirmed the devotion to Blessed Ignatius of Azevedo and his 39 companions on May 11, 1854, establishing their feast day on July 17.

Prayer

Eternal and almighty God,
who endowed the Blessed Martyr João Fernandes
with an invincible constancy in the faith,
grant us, strengthened by such a glorious example,
to imitate the fire of his charity
during the preparation and realization of WYD Lisbon 2023
and to share in his glory in the heavenly homeland.
May his testimony inspire all pilgrims
Through Christ our Lord.
Amen.



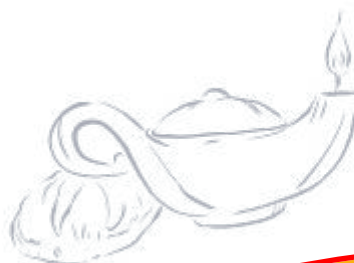


BLESSED MARIA CLARA OF THE CHILD JESUS

Blessed Maria Clara of the Child Jesus was born on June 15, 1843 in a noble family. She was orphaned at the age of 14 and in the desire of a religious life consecrated to God and the service of the poor, she entered the Capuchin Sisters in 1867. In 1870 she was sent to the novitiate in France and a year later, on her return to Portugal, she founded a new religious congregation, which would be approved by the Holy See in 1876. She died on December 1, 1899, her feast day. She was beatified on May 21, 2011.

Prayer

Good and omnipotent Lord,
who made your holiness shine forth in the simple and
humble life of Blessed Maria Clara of the Child Jesus,
make the brightness of your light shine upon us, so that,
living in the spirit of the Beatitudes,
we may practice the works of mercy
in fidelity to the holy Gospel, and
be a sign of them at WYD Lisbon 2023.
Through Christ our Lord.
Amen.





BLESSED PIER GIORGIO FRASSATI

Blessed Pier Giorgio was born in a family of the Italian gentry on April 6, 1901 in Turin. At the age of 12 he entered the Jesuit College, where he began to participate in the Apostleship of Prayer and the St. Vincent de Paul Conference. He studied Mining Engineering at the Politecnico di Torino. In 1920 he joined the Italian Popular Party. He entered the Third Order of St. Dominic in 1922. In June 1925 he was diagnosed with fulminant poliomyelitis, which caused his death on July 4, his feast day. He was beatified on May 20, 1990.

Prayer

Father,
you who gave the young Pier Giorgio Frassati
the joy of encountering Christ and of living his faith
consistently in the service of the poor and the sick,
intercede for all young people and for us that we may be
like him, pure and holy, and imitate his generosity
in spreading the Spirit of the Gospel in society.
Through Christ our Lord.
Amen.



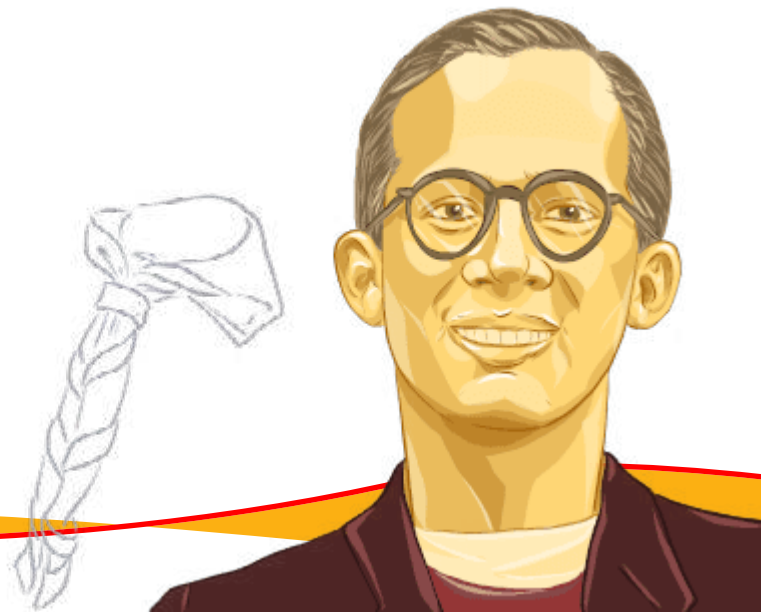


BLESSED MARCEL CALLO

Blessed Marcel Callo was born on December 6, 1921 in Rennes (France). For several years he was an altar boy and scout. After his studies, he began to work as a printer's apprentice and joined the YCW (Young Catholic Workers). In 1943 he was drafted for compulsory service in Germany, where he continued with YCW activities, which led to his arrest by the Gestapo in April 1944. He died in the Mauthausen concentration camp on March 19, 1945. He was beatified by Pope St. John Paul II on October 4, 1987. His feast day is celebrated on March 19.

Prayer

Lord our God,
you who gave the young Marcel Callo, your martyr,
the ardor of an apostle among the working class,
even in the concentration camps,
through his intercession, grant us the same
enthusiasm and courage
to bear witness to our faith.
Through Christ our Lord.
Amen.





BLESSED CHIARA BADANO

Blessed Chiara Badano was born on October 29, 1971 in Savona (northern Italy). She came to know the Focolare Movement when she was in the third year of school (1980), but around the same time – in 1988 – the first signs of an illness appeared which, upon diagnosis, revealed to be a bone tumour in the final stage. From the treatments that followed, she began to live in great union with Jesus. On May 13, 1990, she asked to discontinue her treatments so that she could return home, where she died on October 7, 1990. She was beatified on September 25, 2010. Her feast day is celebrated on October 29.

Prayer

Father of immense goodness,
who by the merits of your Son and the gift of the Spirit
endowed Blessed Chiara Badano with an ardent love,
deeply transform our spirit, so that we too, following her
example, may always be able to fulfill your holy will
with serene trust, making WYD Lisbon 2023
an occasion of encounter with Christ.
Through Christ our Lord.
Amen.





BLESSED CARLO ACUTIS

Blessed Carlo Acutis was born on May 3, 1991. From a very early age, he showed a great aptitude for computers, a gift he used in his service to others and for the diffusion of contents for Christian formation, such as the exposition of the Eucharistic miracles. In September 2006, the first symptoms of an illness appeared and, upon diagnosis, fulminant leukaemia. With complete confidence, he gave to God the little time he had left. He died on October 12, 2006 and was beatified on October 10, 2020. His feast day is celebrated on October 12.

Prayer

Lord our God,
who through the life of Blessed Carlo Acutis,
showed the unfathomable riches of the Eucharist
and made him an example for young people
and a witness of mercy for the poor,
grant us through his intercession to live always united to You
and to recognize You in the brothers and sisters we meet
along the way, rising quickly to meet each one
of them.

Through Christ our Lord.
Amen.



**"Dear brothers and sisters, each of us
holds in his or her heart a very personal
page of the book of God's mercy".**

Pope Francis, WYD Krakow 2016





SPIRITUALITY ITINERARY





GET READY

Day to arrive, settle down and prepare for the beginning of the week.

Where do I come from? Who do I come with? Where am I heading?

On this day, I begin to enter the WYD(JMJ) environment. Wherever I am, I have my heart and I recognize the importance of being part of this great whole.



SET

Day to open the doors of my heart, to listen to what God asks of me in this WYD (JMJ).

What might God want to say to me this week?

Today I choose to open the doors of my heart, with freedom and readiness. I dissolve the barriers that prevent me from being true to an encounter with God and with others.



GO

Day to get up, to start again.

Who am I and how do I come to this WYD (JMJ)? What do I bring and what am I looking for?

In these days, I start to draw my path here – I choose conferences, concerts, theaters, exhibitions, volunteering, whatever makes me move the most.



HURRY

Day to get off the couch, comfort zone.

Am I looking for Jesus in a hurry? Where can I find him in this WYD (JMJ)?

Today I actively participate in what the day has to offer. I become aware of the presence of the living Christ, I look for what makes me hurry and what prevents me from leaving more quickly.



REJOICE

Day to discover the joy of being a Christian.

Is being a Christian a source of joy? Does it change my life? As?

On this day, I think about how the Faith materializes in my life – what implications does it have? How does my attitude towards the other change? Do I live happily?



BELIEVE

Day to enter Faith, not to stay at the door.

Do I open the doors to Christ? Do I let him in? I am scared? From what?

Today I want to learn how to open the door to Jesus, without restrictions. What makes me afraid to believe? What am I afraid will change in my life? Give Thanks



GIVE THANKS

Day to thank what God does for me.

Do I recognize and thank the graces that come to me from God?

On this day, I want to learn to pray, to give thanks, to remain silent at Jesus' feet. I keep Him company and thank you for everything I've experienced.



RISE UP

Day to prepare to change life.

After WYD (JMJ) Lisbon 2023, what remains? How do I transform my life?

Today I finish as I started – I get up and rise again with new life. I recognize that I am a missionary, called to bring the good news to everyone.



"The Church needs you, your enthusiasm, your creativity and the joy that is so characteristic of you."

Pope Francis, WYD Rio 2013





DAILY PRAYERS



Prayer's Book



35



Daily Prayers



GET READY

JULY 30TH

MORNING PRAYER

Today the Church celebrates the seventeenth Sunday in Ordinary Time.

This week,
the eyes of the whole world turn to Lisbon.
Everyone wants to be there with Pope Francis
For this World Youth Day 2023 in Lisbon.
You are part of this story.
Wherever you are, let yourself be filled with
the joy of meeting others.
Get ready. Open your heart to the joy of the Gospel.
Get up, and go in haste with Mary to meet Christ.
Let Him speak to you.
And speak to Him too, about yourself and how you're doing,
what you're bringing with you and what you're looking for.
This is how your prayer begins.



Listen to this passage from St. Paul's letter to the Romans.

L2 Rom 8:28-30

We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified.

The Lord loves you, counts on you, and calls you.

And from the beginning of the world He wants good things for you. And not only does he want this, but he offers you His grace. Get ready to live the life that the Lord has dreamed for you. Begin by telling Him how you are.

What excites you and what worries you?

In the pilgrimage of life, we carry with us everything we have lived through:

our laughter and tears, our loving embraces and spiteful glances, our gardens which are open to all and the walls that separate us.

Think about the story of the richness of your life, its light and its shadows.

What do you want to ask the Lord as you walk with Him?

To get where you want to go, you have to start from where you already are.



Not from an ideal or imagined place, but from real life.
And so that you can get to where God is calling you, listen to what God is telling you.
Look deep into your heart... what might God want to tell you this World Youth Day?

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and forever shall be, world without end. Amen.

A partnership of World Youth Day Lisbon 2023 and Click To Pray, powered by Pray as You Go

AFTERNOON PRAYER

Find a quiet place to rest with Jesus and reflect on the challenge the Pope is giving you.

"Dare to be more, because who you are is more important than any possession. What good are possessions or appearances? You can become what God your Creator knows you are, if only you realize that you are called to something greater. Ask the help of the Holy Spirit and confidently aim for the great goal of holiness. In this way, you will not be a photocopy. You will be fully yourself."

Pope Francis, Christus Vivit, n. 107

What is it that God calls you to be?
Don't let this question disappear from view.



EVENING PRAYER

Good evening. The World Youth Day Lisbon 2023 is about to begin. Let this gathering fill your heart. Tonight, think of all the people involved in preparing for this pilgrimage and ask God for His blessing.

In this Sunday's Gospel, according to St. Matthew, Jesus tells His disciples, "The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field."

Look back at the day that is now ending. Collect its treasures: the encounters, the friendships, the landscapes, everything that was beautiful about it. Be grateful for all of it. Think also of the treasures you 'lost' because you were distracted, or suspicious, or hurt by someone.

Have you seen that World Youth Day could be a treasure of joy and faith for the world today? Pray that it will be a fruitful moment.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end.

Amen.



Prayer's Book



39



Daily Prayers



SET

JULY 31ST

MORNING PRAYER

Today is Monday July 31st, in the seventeenth week of the Ordinary Time.

In order to set off, you have to be ready to leave.
But beyond backpacks and plane tickets,
being ready to set off means being authentically free.
And the greatest freedom isn't just about being able to
choose, but being able to listen.
Being ready to follow Jesus
starts with your inner freedom to listen to Him.
Open your heart to God.
Let Him speak to you.
And thus your prayer begins.



Listen to this passage from the Gospel according to Saint Matthew.

Ev Mt 13:31-55

He put before them another parable: "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches."

He told them another parable: 'The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened.'

Jesus told the crowds all these things in parables; without a parable he told them nothing. This was to fulfil what had been spoken through the prophet: 'I will open my mouth to speak in parables; I will proclaim what has been hidden from the foundation of the world.'

The little seed of faith that God planted in you must not remain hidden.

It needs to grow and become a big tree, a place of celebration and rest, open to all, a tree which bears fruits of joy.

This is what Jesus asks of you.

Will you accept the challenge?

The yeast must be added to the flour for the dough to rise.

What is the yeast that Jesus is talking about? The yeast is love, because you can only evangelize when you love. And the dough is Creation. Are you open to become the love at the heart of the Church, the love at the heart of the world?



World Youth Day is a great opportunity to open your heart. Look deep inside yourself and find anything that's getting in the way of the joy and the love of our God, anything that "clogs" your heart. And end your prayer by talking to Jesus.

Ask Him for the grace of having a heart open to his voice, ready and waiting to be filled with love and joy today.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and forever shall be, world without end. Amen.

AFTERNOON PRAYER

Stop for a while, rest a few moments with the Lord, and listen to Pope Francis.

"Saint Alberto Hurtado once said that "being an apostle does not mean wearing a lapel pin; it is not about speaking about the truth but living it, embodying it, being transformed in Christ. Being an apostle does not mean carrying a torch in hand, possessing the light, but being that light... The Gospel, more than a lesson, is an example. A message that becomes a life fully lived"

Pope Francis, Christus Vivit, n. 175

When you try to be a light by talking too much, you do not illuminate, you blind people. Be the light by filling everything and everyone around you with the love and joy of God. Remember St. Ignatius of Loyola: love ought to be seen in deeds more than in words.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and forever shall be, world without end. Amen.



EVENING PRAYER

Good evening. Begin this prayer by taking a deep breath. Free yourself from the hustle and bustle of the day. Ask Jesus to open your heart to welcome the surprises you will experience during this week of World Youth Day.

Think about how God's creatures are born into the world small and simple. World Youth Day also begins with the good will of Pope Francis and the work of many volunteers. As Jesus says, "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree."

Watching a seed sprout and grow takes time and patience. You have to take care of it so that the plant grows well. What seeds of love and joy have you sown around you today? What actions of Jesus can you follow to be more like Him?

Pray that the seeds sown this week will bear the fruit of the Kingdom of God in your life.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and forever shall be, world without end. Amen.



GO

AUGUST 1ST

MORNING PRAYER

Today is Tuesday August 1st, the first day of World Youth Day Lisbon 2023.

Mary has set out in haste
To go to the house of her cousin Elizabeth.
Mary wants to share her joy with her.
And when she arrives at the house
her joy immediately fills Elizabeth.
There's no need to explain anything;
a greeting is enough,
a "hello" is enough.
Just like light, God's joy
spreads over everything it touches.
Let yourself be filled with joy like Mary.
Be ready to set out.
And thus your prayer begins.



Listen to this passage from the Gospel according to Saint Luke, the one that gives the motto for this World Youth Day.

Ev Lk 1, 39-45

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

Mary's haste isn't from fear of missing a bus
or not submitting a work assignment.
She is hastening to her meeting with Elizabeth.
She's hurrying for the joy of sharing life
with those who can understand it.
What's making you hurry today?
What moves you to set out on your journey?

The path that Mary walks
is not made of dust and stones
The road that Mary travels to Elizabeth is made of joy.
Look at your plan for today.
What choices could make your day
a path of joy?
A heavy heart, even if it travels a path of joy,
will see nothing but shadows.



What weighs you down?

Ask the Lord to cleanse your heart with the grace of His Spirit.

Talk to Him about what stops you from setting out.

And if the Spirit encourages you to do so,

why not prepare yourself to celebrate the sacrament of reconciliation?

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end. Amen.

AFTERNOON PRAYER

Rest, slow the pace of the day, and enter fully into the Pope's words.

"The word 'vocation' can be understood in a broad sense as a calling from God, including the call to life, the call to friendship with him, the call to holiness, and so forth. This is helpful, since it situates our whole life in relation to the God who loves us. It makes us realize that nothing is the result of pure chance but that everything in our lives can become a way of responding to the Lord, who has a wonderful plan for us."

Pope Francis, Christus Vivit, n. 248

Do your choices today help you to walk a path in response to the Lord? Let yourself be guided by the Lord... He has a precious plan for you. Trust in Him!

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end.

Amen.



EVENING PRAYER

Good evening. The World Youth Day Lisbon 2023 began today with the celebration of the Opening Mass.

“Mary got up and left in haste”. This is the biblical quote chosen by Pope Francis for the motto of World Youth Day, a phrase from the Gospel of St. Luke, taken from the story of Mary’s Visitation to her cousin Elizabeth.

Think of the times today when you set out to meet someone. Give thanks that you made the effort to remove yourself from comfort and convenience to do this. If at some point you ended up being held hostage by your laziness, ask Jesus for forgiveness. Ask for the grace to live with redoubled attention to the poor, the excluded, and the needy.

Offer the Lord this first day of World Youth Day Lisbon 2023. The Church is made of these days, days marked by the joy of encounter. Praise God for everyone who is here, both in person and through prayer.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and forever shall be, world without end.

Amen.



HURRY

AUGUST 2ND

MORNING PRAYER

Today is Wednesday August 2nd, , the second day of World Youth Day - Lisbon 2023.

There is a feeling of haste in the air.
But not just any haste,
like the sort that worries us when we have things to do.
Today, the reason for our haste is different:
it is the desire to meet with Jesus.
Jesus calls you to go in haste to meet Him,
and to meet others who, like you, are seeking Him.
Remember the last time you got up from your bed or the sofa
with an enthusiasm greater than the whole world;
this is how Jesus feels every time He waits for you.
Let yourself be filled with the joy of this reunion.
And thus your prayer begins.



Listen to this passage from the Gospel according to St. Matthew.

Ev Mt 13, 44-46

"The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field.

Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it.

Who is this man
who sells all that he has and buys that field?

This man is Jesus.

He who is God,
stripped Himself of all honour and dignity
to offer Himself to you, so that you could belong
to each other and share the same life.

Can you believe in a God like this, to whom you are
so valuable that He offers His own life?

What Jesus wants is for you to live with Him, in His Kingdom.
He has sent you His Spirit so that you can live with Him and like Him. He invites you to live in His way, in freedom and love.

Why might you hesitate? What keeps you from getting up from the sofa?

What might you not want to give up in order to follow Jesus?

End your prayer by talking to Jesus.

Ask Him for the grace of friendship.

And, with Him at your side

hurry to the treasure He wants to give you.

Trust in the paths that Jesus points out to you.



Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and forever shall be, world
without end. Amen.

AFTERNOON PRAYER

Take advantage of this moment of pause, of calm and rest, and
let the Pope's words dwell in you.

"Dear young people, make the most of these years of your youth. Don't observe life from a balcony. Don't confuse happiness with an armchair, or live your life behind a screen. Whatever you do, do not become the sorry sight of an abandoned vehicle! Don't be parked cars, but dream freely and make good decisions. Take risks, even if it means making mistakes. Don't go through life anaesthetized or approach the world like tourists. Make a ruckus! Cast out the fears that paralyze you, so that you don't become young mummies. Live! Give yourselves over to the best of life! Open the door of the cage, go out and fly! Please, don't take early retirement."

Pope Francis, Christus Vivit, n. 143

Take risks, make a ruckus, let go, fly... this is what Pope Francis asks of you. What makes you stay on the sofa? What keeps you from getting up more quickly? Leave all that behind and go in haste, with Mary. There is haste in the air.

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and forever shall be, world
without end. Amen.



EVENING PRAYER

Good evening. Close your eyes for a moment, take a deep breath, and become aware of God's presence with you.

In this morning's reading, we heard Jesus say that "the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it."

Did you notice how there is a hurry here to get this pearl? The things of God ask for prompt action and the opportunity cannot be wasted.

Think about your haste today. Did it bear the mark of the care and joy that shaped Mary's haste? Or was it all about your own interests?

Mary walked hurriedly to meet Elizabeth to give herself and to receive. To share life. Ask Jesus to teach you how to share the gifts the Father gives you with others.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end. Amen.



Prayer's Book



51



Daily Prayers



REJOICE

AUGUST 3RD

MORNING PRAYER

Today is Thursday August 3rd, the third day of World Youth Day - Lisbon 2023.

The greatest joy is the joy of meeting.
Prepare your heart for today's meeting with Pope Francis.
Welcome him, as Elizabeth welcomed Mary into her home.
Let yourself be overwhelmed by the joy of the meeting,
for all genuine meetings are meetings with Jesus;
and all meetings with Jesus are a source of joy.
Let the joy flood into you.
And thus your prayer begins

Listen to this passage from the Gospel according to St. Matthew.
Ev Mt 13:47-53

'Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full,



they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth.

'Have you understood all this?' They answered, 'Yes.' And he said to them, 'Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old.' When Jesus had finished these parables, he left that place.

This is when activity stops,
when the nets are gathered,
without being exposed to the turmoil of the waves and
currents, of the ups and downs of each day,
so that we can see what is good and what to keep.
Lay aside your worries, and take a look at your life.
Try to recognize what is good, what is a source of light and life.

He who makes love his treasure
finds joy in everything.
He who makes love his treasure
does not give in to resentment or slander:
with other people, there is only room for compassion.
Do you want to be joyful? Love others.
Trust in love and let it guide your steps.

Love has to show itself more in deeds more than in words.
Why? Because in every gesture of love there is an encounter
with God. Love shows us the way of God and opens up sources
of joy to us.

End your prayer by talking to Jesus about the way



that you love. Ask Him for the grace you need to live in joy.

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and forever shall be, world
without end. Amen.

AFTERNOON PRAYER

Take a break from your duties for a moment and listen to what
Jesus is saying to you through the Pope.

"Are you looking for passion? As that beautiful poem says: "Fall in love!" (or "let yourself be loved!"), because "nothing is more practical than finding God, than falling in love in a quite absolute, final way. What you are in love with, what seizes your imagination, will affect everything. It will decide what will get you out of bed in the morning, what you do with your evenings, how you spend your weekends, what you read, whom you know, what breaks your heart, and what amazes you with joy and gratitude. Fall in love, stay in love, and it will decide everything"

Pope Francis, Christus Vivit, n. 132

Love shares joy. Are you living today with love? Love and
rejoice in your meetings with others. Welcome others as
Elizabeth welcomed Mary. Glory be to the Father and to the
Son and to the Holy Spirit. As it was in the beginning, is now
and forever shall be, world without end. Amen.



EVENING PRAYER

Good evening! Begin this prayer by asking yourself about the sources of your joy. What truly makes you happy? What makes you feel a great sense of peace and enthusiasm at the same time?

After Jesus' resurrection, the Acts of the Apostles says that the disciples "attended the temple daily, shared bread in their homes, and took their food with joy and simplicity of heart." The joy of the Christian community is born of the certainty of Jesus' resurrection.

As today comes to a close, think about where you have experienced joy. Have you seen that joy can come from sharing, generosity, and compassion? Even in weakness, you can feel God's strength when you open yourself to His love and welcome His forgiveness.

Love is the source of joy and it reveals itself in concrete and simple actions. Offer your day to World Youth Day, and ask for this worldwide meeting to bring the joy of Jesus to the entire Church.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end.

Amen.



Prayer's Book



55



Daily Prayers



BELIEVE

AUGUST 4TH

MORNING PRAYER

Today is Friday, August 4th, the fourth day of World Youth Day - Lisbon 2023.

The world, created and declared good by God,
is not always a place of goodness.

Too often we are confronted

with injustice, violence, discrimination and prejudice.

Jesus, on his Way of the Cross, experienced all of this:

He was insulted, scorned, and attacked.

Yet, all along the way we do not find resentment on His lips
or aggression in His actions.

Look at Jesus. See how on the cross He comforts His mother
and John; how He is despised by so many and forgives them,
enduring everything with love.

Looking at Jesus on the cross, believe that only love can
defeat evil and death.

Fill your heart with compassion. And thus your prayer begins.



Listen to this passage from the Gospel according to St. Matthew.

Ev Mt 13, 54-58

He came to his home town and began to teach the people in their synagogue, so that they were astounded and said, 'Where did this man get this wisdom and these deeds of power? Is not this the carpenter's son? Is not his mother called Mary? And are not his brothers James and Joseph and Simon and Judas? And are not all his sisters with us? Where then did this man get all this?' And they took offence at him. But Jesus said to them, 'Prophets are not without honour except in their own country and in their own house.' And he did not do many deeds of power there, because of their unbelief.

When Jesus finds closed doors, he cannot work miracles. Often we're surprised that we don't feel Jesus' presence in moments of sadness or fear, of doubt or failure, of pain or injustice, in our own lives and in events happening around the world.

In those moments, try asking yourself:

"Have I opened the door for Jesus to enter?"

What keeps you from opening the door to Jesus?

What keeps you from believing?

The Lord is at the door and waiting for you.

He wants you to walk with Him... He's counting on you!

Walking with Him means living like He did,
loving, forgiving, comforting other people.

Are there shadows in your heart that hold you back and prevent you from walking with Him?

Take some time and prepare yourself for the sacrament of reconciliation. Open your heart to God's grace



and surrender to His forgiveness.

Seek the face of Jesus.

Remember His journey to Calvary, His Way of the Cross.

Ask Him for the grace of a compassionate glance.

Ask Him for the audacity to believe in Him and in His way of loving, and to go out into the world with the conviction that you are never alone, saying:

"I believe! I believe that love conquers evil.

Lord Jesus, You are my hope!"

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end.

Amen.

AFTERNOON PRAYER

Rest a while with Jesus and listen to the words the Pope has for you.

"He is in you, he is with you and he never abandons you. However far you may wander, he is always there, the Risen One. He calls you and he waits for you to return to him and start over again. When you feel you are growing old out of sorrow, resentment or fear, doubt or failure, he will always be there to restore your strength and your hope."

Pope Francis, Christus Vivit, n. 2

On the Via Crucis, the Way of the Cross, believe that love that defeats evil and death. Cross the deserts of loneliness and suffering with Him in His mission of compassion for the world. Take a risk, trust, start again, don't be afraid... believe that He is with you. Trust Him, and share compassion.



Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and forever shall be, world
without end. Amen.

EVENING PRAYER

Good evening. Step slowly into the dark of night and ask for the
gift of believing in the full life offered by Jesus.

On the Via Crucis, the Way of the Cross, Jesus walks in
the footsteps of suffering humanity in His tribulations and
difficulties. On this evening of World Youth Day, place your
heart with those who suffer most, the victims of war, hunger
and loneliness.

Think about your fears, about what paralyses you and prevents
you from loving more freely and generously. Conversion asks
for a change of direction, away from your own needs towards a
life more attentive to others, following Jesus' example. Like the
Apostle St. Peter when he denies Jesus three times, embrace
your weaknesses as a path to conversion.

The peace that the world needs so much begins in every
single person's heart. It begins when each of us puts down our
weapons of bitterness, destructive criticism and greed. Offer
up your day for peace throughout the world.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world
without end.

Amen.



BELIEVER

AUGUST 5TH

MORNING PRAYER

Today is Saturday August 5th, the fifth day of World Youth Day - Lisbon 2023.

You have probably asked yourself many times where you could start to change the world. Mary, in the 'Magnificat', points to the best way: gratitude. Only the ones with a grateful heart can change the world. Only the ones with a grateful heart go in haste. Now that World Youth Day is coming to an end, think about where there was light for you and what brought you closer to God. Remember your fragility and how the Lord lives in it. Let all this reach you. And thus your prayer begins

Listen to the psalm from today's liturgy. It leads you to recognize God's blessing and to prepare your heart to give thanks. Get into the rhythm of this psalm. May God be gracious to us and bless us



and make his face to shine upon us,
that your way may be known upon earth,
your saving power among all nations.

Let the nations be glad and sing for joy,
for you judge the peoples with equity
and guide the nations upon earth.

The earth has yielded its increase;
God, our God, has blessed us.
May God continue to bless us;
let all the ends of the earth revere him.

This psalm asks for God's blessing
It recognizes everything in the world that is God's blessing.
And gives thanks.

Bring to your heart all that you experienced in this World Youth
Day: what you felt, what you saw, what you heard, what you
experienced. And give thanks.
Pray and write your psalm of praise.

The way back home is already in sight.
But you don't need to go yet.
Stay here, with the Lord, a little longer,
and become aware of what has changed in you already
and what else you want to change,
what will help stop you, when you get home,
from falling asleep on the sofa.

Talk to Jesus about what you have experienced during these
days. Ask Him for the grace of grateful memory,
and ask Him where you can go on your journey.



Open the door of your life to Him, and walk with Jesus as a witness to His mission of compassion.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end. Amen.

AFTERNOON PRAYER

Take a moment in your day to meet with the Lord. Tell Him how you are doing and which way you're going.

"How could God take pleasure in someone incapable of enjoying his small everyday blessings, someone blind to the simple pleasures we find all around us?"

Pope Francis, Christus Vivit, n. 146

Only those who are grateful change the world. Only those who are grateful go in haste. Only people with a grateful heart break through the drowsiness of lying on the sofa. Have you given thanks for the small gifts of this day? Be thankful! Don't let go of the thread of gratitude: it will lead you to Jesus.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end.

Amen.



EVENING PRAYER

Good evening. Today we join Pope Francis at the great Prayer Vigil for World Youth Day Lisbon 2023. It is an occasion to give thanks for life and for the encounter between people celebrating faith together.

Gratitude is the mark of Christ's Church. The risen Jesus walks beside you. As St. Paul says in the First Letter to the Thessalonians, "Always be cheerful. Pray without ceasing. In everything give thanks. This, indeed, is God's will for you in Jesus Christ. Examine everything, hold fast to what is good."

Can you give thanks for the good things of today? The people you met, a gesture of selfless love that you witnessed, an act of compassion you witnessed. And give thanks too for God's love for you.

World Youth Day is drawing to a close. On this night of prayer with Pope Francis, the light of the whole Church is shining. Give thanks for all this good that we are receiving.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and forever shall be, world without end. Amen.



GIVE THANKS

AUGUST 6TH

MORNING PRAYER

Today is Sunday August 6th, the Feast of the Transfiguration of Our Lord, the last day of World Youth Day - Lisbon 2023.

Mary had gone in haste to Elizabeth
carrying Jesus within her.

Even after Jesus' birth, Mary kept this readiness to go on
her way for the rest of her life.

The encounter with Jesus changed Mary's life.

And at this very moment she stands before you,
and challenges you to get up and live the joy of the Gospel.

Why do you hesitate?

Let Mary lift you up;

Take her outstretched hand.

Ask her to lead you to her Son.

And thus your prayer begins



Listen to this passage from the Gospel according to St. Matthew.

Ev Mt 17:1-9

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

Like the disciples, Jesus chose you to go with Him to the top of the mountain. Today, through the Holy Spirit, the Risen Jesus challenges you, too, to take a new form. To clothe yourself in light and give witness to the faith that makes you get up and go in haste. Will you accept his invitation?

Jesus asked his disciples not to tell anyone what they saw.

He asked them for secrecy.

But now is no longer the time for secrecy:

it is the time to proclaim



Remember what you have discovered during this week.
Take it with you into your life.

What awaits us at the end of World Youth Day Lisbon 2023?
The mission!

To share with everyone the good news that God is love,
a proclamation that asks, more than words,
for actions of love;
instead of arguments, for a loving attitude.

Jesus counts on you for this mission:

He is the one who sends you.

Savor this joy.

Ask Him where He wants you to go.

Get up and go in haste.

Glory be to the Father and to the Son and to the Holy Spirit.
As it was in the beginning, is now and forever shall be, world
without end.

Amen.

AFTERNOON PRAYER

Slow down and tell God how you're feeling. Begin your afternoon
with these words from Pope Francis.

«¿Adónde nos envía Jesús? No hay fronteras, no hay límites:
nos envía a todos. El Evangelio no es para algunos sino para
todos. No es sólo para los que nos parecen más cercanos, más
receptivos, más acogedores. Es para todos. No tengan miedo
de ir y llevar a Cristo a cualquier ambiente, hasta las periferias
existenciales, también a quien parece más lejano, más
indiferente. El Señor busca a todos, quiere que todos sientan



el calor de su misericordia y de su amor". Y nos invita a ir sin miedo con el anuncio misionero, allí donde nos encontremos y con quien estemos, en el barrio, en el estudio, en el deporte, en las salidas con los amigos, en el voluntariado o en el trabajo, siempre es bueno y oportuno compartir la alegría del Evangelio. Así es como el Señor se va acercando a todos. Y a ustedes, jóvenes, los quiere como sus instrumentos para derramar luz y esperanza, porque quiere contar con vuestra valentía, frescura y entusiasmo.»

Pope Francis, Christus Vivit no, 177

Get up and be the light in the world. Ask Jesus, like St. Francis Xavier: "Lord, where do you want me to go? Following you, I cannot get lost".

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and forever shall be, world without end. Amen.

EVENING PRAYER

Good evening. Today World Youth Day Lisbon 2023 has come to an end. Embrace the joy of this meeting. Let it settle in your heart.

"Go therefore and make disciples of all peoples, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And know that I am with you always, to the end of the age." These are Jesus' final words to the disciples at the moment of His Ascension into Heaven.



Today, Pope Francis has sent us out to bring the good news of faith, joy and love to all those around us. How have you lived this mission that you have received today?

As World Youth Day Lisbon 2023 comes to an end, ask Jesus to remain with you, and with all the pilgrims, volunteers and those who have organized this meeting. Pray that the experience of faith we lived this week will fill all the corners of the world with light.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and forever shall be, world without end. Amen.



**“Dear young people, do not be
satisfied with anything less than
Truth and Love, do not be content with
anything less than Christ.”**

Pope Benedict XVI, WYD Madrid 2011





DAILY READINGS



Prayer's Book



70



Daily Readings

JULY 30TH

Seventeenth Sunday in Ordinary Time

READING 1

1 Kgs 3:5, 7-12

Lectionary: 109

The LORD appeared to Solomon in a dream at night. God said, "Ask something of me and I will give it to you." Solomon answered: "O LORD, my God, you have made me, your servant, king to succeed my father David; but I am a mere youth, not knowing at all how to act. I serve you in the midst of the people whom you have chosen, a people so vast that it cannot be numbered or counted. Give your servant, therefore, an understanding heart to judge your people and to distinguish right from wrong. For who is able to govern this vast people of yours?"

The LORD was pleased that Solomon made this request. So God said to him: "Because you have asked for this not for a long life for yourself, nor for riches, nor for the life of your enemies, but for understanding so that you may know what is right I do as you requested. I give you a heart so wise and understanding that there has never been anyone like you up to now, and after you there will come no one to equal you."



RESPONSORIAL PSALM

Ps 119:57, 72, 76-77, 127-128, 129-130

*R. (97a) **Lord, I love your commands.***

I have said, O LORD, that my part
is to keep your words.

The law of your mouth is to me more precious
than thousands of gold and silver pieces. **R.**

Let your kindness comfort me
according to your promise to your servants.
Let your compassion come to me that I may live,
for your law is my delight. **R.**

more than gold, however fine.
For in all your precepts I go forward;
every false way I hate. **R.**

Wonderful are your decrees;
therefore I observe them.
The revelation of your words sheds light, giving
understanding to the simple. **R.**



READING 2

Rom 8:28-30

Brothers and sisters:

We know that all things work for good for those who love God, who are called according to his purpose.

For those he foreknew he also predestined to be conformed to the image of his Son, so that he might be the firstborn among many brothers and sisters.

And those he predestined he also called; and those he called he also justified; and those he justified he also glorified.

ALLELUIA

Cf. Mt 11:25

R. Alleluia, alleluia.

Blessed are you, Father, Lord of heaven and earth; for you have revealed to little ones the mysteries of the kingdom. **R.**



GOSPEL

Mt 13:44-52

Jesus said to his disciples:

«The kingdom of heaven is like a treasure buried in a field,
which a person finds and hides again,
and out of joy goes and sells all that he has and buys that field.
Again, the kingdom of heaven is like a merchant
searching for fine pearls.

When he finds a pearl of great price,
he goes and sells all that he has and buys it.

Again, the kingdom of heaven is like a net thrown into the sea,
which collects fish of every kind.

When it is full they haul it ashore
and sit down to put what is good into buckets.

What is bad they throw away.

Thus it will be at the end of the age.

The angels will go out and separate the wicked from the
righteous

and throw them into the fiery furnace,
where there will be wailing and grinding of teeth.

«Do you understand all these things?»

They answered, «Yes.»

And he replied,

«Then every scribe who has been instructed in the kingdom of
heaven is like the head of a household
who brings from his storeroom both the new and the old.»



JULY 31ST

Memorial of Saint Ignatius of Loyola, Priest

READING 1

Ex 32:15-24, 30-34

Lectionary: 401

Moses turned and came down the mountain with the two tablets of the commandments in his hands, tablets that were written on both sides, front and back; tablets that were made by God, having inscriptions on them that were engraved by God himself.

Now, when Joshua heard the noise of the people shouting, he said to Moses, "That sounds like a battle in the camp." But Moses answered, "It does not sound like cries of victory, nor does it sound like cries of defeat; the sounds that I hear are cries of revelry."

As he drew near the camp, he saw the calf and the dancing. With that, Moses' wrath flared up, so that he threw the tablets down and broke them on the base of the mountain.

Taking the calf they had made, he fused it in the fire and then ground it down to powder, which he scattered on the water and made the children of Israel drink.

Moses asked Aaron, "What did this people ever do to you that you should lead them into so grave a sin?"

Aaron replied, "Let not my lord be angry.

You know well enough how prone the people are to evil.

They said to me, 'Make us a god to be our leader;



as for the man Moses who brought us out of the land of Egypt, we do not know what has happened to him.’
So I told them, ‘Let anyone who has gold jewelry take it off.’
They gave it to me, and I threw it into the fire, and this calf came out.”

On the next day Moses said to the people,
“You have committed a grave sin.
I will go up to the LORD, then; perhaps I may be able to make atonement for your sin.” So Moses went back to the LORD and said, “Ah, this people has indeed committed a grave sin in making a god of gold for themselves!
If you would only forgive their sin! If you will not, then strike me out of the book that you have written.”

The LORD answered, “Him only who has sinned against me will I strike out of my book.
Now, go and lead the people to the place I have told you.
My angel will go before you. When it is time for me to punish, I will punish them for their sin.”



RESPONSORIAL PSALM

Ps 106:19-20, 21-22, 23

R. Give thanks to the Lord, for he is good.

Our fathers made a calf in Horeb
and adored a molten image;
They exchanged their glory
for the image of a grass-eating bullock. **R.**

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea. **R.**

Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath. **R.**

ALLELUIA

Jas 1:18

R. Alleluia, alleluia.

The Father willed to give us birth by the word
of truth that we may be a kind of firstfruits of
his creatures. **R.**



GOSPEL

Mt 13:31-35

Jesus proposed a parable to the crowds.
"The Kingdom of heaven is like a mustard seed
that a person took and sowed in a field.
It is the smallest of all the seeds,
yet when full-grown it is the largest of plants.
It becomes a large bush,
and the birds of the sky come and dwell in its branches."

He spoke to them another parable.
"The Kingdom of heaven is like yeast
that a woman took and mixed with three measures of wheat
flour
until the whole batch was leavened."

All these things Jesus spoke to the crowds in parables.
He spoke to them only in parables,
to fulfill what had been said through the prophet:

I will open my mouth in parables,
I will announce what has lain hidden from the foundation of
the world.



AUGUST 1ST

Feast of the Visitation of the Blessed Virgin Mary

READING 1

Zep 3:14-18a

Lectioary: 572

Shout for joy, O daughter Zion!
Sing joyfully, O Israel!
Be glad and exult with all your heart,
O daughter Jerusalem!
The LORD has removed the judgment against you,
he has turned away your enemies;
The King of Israel, the LORD, is in your midst,
you have no further misfortune to fear.
On that day, it shall be said to Jerusalem:
Fear not, O Zion, be not discouraged!
The LORD, your God, is in your midst,
a mighty savior;
He will rejoice over you with gladness,
and renew you in his love,
He will sing joyfully because of you,
as one sings at festivals.



RESPONSORIAL PSALM

Isaiah 12:2-3, 4bcd, 5-6

R. (6) Among you is the great and Holy One of Israel.

God indeed is my savior;
I am confident and unafraid.
My strength and my courage is the LORD,
and he has been my savior.
With joy you will draw water
at the fountain of salvation. **R.**

Give thanks to the LORD, acclaim his name;
among the nations make known his deeds,
proclaim how exalted is his name. **R.**

Sing praise to the LORD for his glorious achievement;
let this be known throughout all the earth.
Shout with exultation, O city of Zion,
for great in your midst
is the Holy One of Israel! **R.**



ALLELUIA

See Lk 1:45

R. Alleluia, alleluia.

Blessed are you, O Virgin Mary, who believed that what was spoken to you by the Lord would be fulfilled.

R. Alleluia, alleluia.

GOSPEL

Lk 1:39-56

Jesus proposed a parable to the crowds.

Mary set out

and traveled to the hill country in haste

to a town of Judah,

where she entered the house of Zechariah

and greeted Elizabeth.

When Elizabeth heard Mary's greeting,

the infant leaped in her womb,

and Elizabeth, filled with the Holy Spirit,

cried out in a loud voice and said,

"Most blessed are you among women,

and blessed is the fruit of your womb.

And how does this happen to me,

that the mother of my Lord should come to me?

For at the moment the sound of your greeting reached my

ears, the infant in my womb leaped for joy.

Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."



And Mary said:

"My soul proclaims the greatness of the Lord;
my spirit rejoices in God my Savior,
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever."

Mary remained with her about three months
and then returned to her home.



AUGUST 2ND

Wednesday of the Seventeenth Week in Ordinary Time

READING 1

Ex 34:29-35

Lectionary: 403

As Moses came down from Mount Sinai with the two tablets of the commandments in his hands, he did not know that the skin of his face had become radiant while he conversed with the LORD.

When Aaron, then, and the other children of Israel saw Moses and noticed how radiant the skin of his face had become, they were afraid to come near him.

Only after Moses called to them did Aaron and all the rulers of the community come back to him.

Moses then spoke to them.

Later on, all the children of Israel came up to him, and he enjoined on them all that the LORD had told him on Mount Sinai.

When he finished speaking with them, he put a veil over his face.

Whenever Moses entered the presence of the LORD to converse with him, he removed the veil until he came out again. On coming out, he would tell the children of Israel all that had been commanded.

Then the children of Israel would see that the skin of Moses' face was radiant; so he would again put the veil over his face until he went in to converse with the LORD.



RESPONSORIAL PSALM

Isaiah 12:2-3, 4bcd, 5-6Ps 99:5, 6, 7, 9

R. (see 9c) **Holy is the Lord our God.**

Extol the LORD, our God,
and worship at his footstool; holy is he! **R.**

Moses and Aaron were among his priests,
and Samuel, among those who called upon his name;
they called upon the LORD, and he answered them. **R.**

From the pillar of cloud he spoke to them;
they heard his decrees and the law he gave them. **R.**

Extol the LORD, our God,
and worship at his holy mountain;
for holy is the LORD, our God. **R.**

ALLELUIA

Jn 15:15b

R. Alleluia, alleluia.

I call you my friends, says the Lord,
for I have made known to you all that the Father has told me.
R. Alleluia, alleluia.



GOSPEL

Mt 13:44-46

Jesus said to his disciples:

"The Kingdom of heaven is like a treasure buried in a field,
which a person finds and hides again,
and out of joy goes and sells all that he has and buys that field.
Again, the Kingdom of heaven is like a merchant
searching for fine pearls.

When he finds a pearl of great price,
he goes and sells all that he has and buys it."



AUGUST 3RD

Thursday of the Seventeenth Week in Ordinary Time

READING 1

Ex 40:16-21, 34-38

Lectionary: 404

Moses did exactly as the LORD had commanded him. On the first day of the first month of the second year the Dwelling was erected.

It was Moses who erected the Dwelling.

He placed its pedestals, set up its boards, put in its bars, and set up its columns.

He spread the tent over the Dwelling and put the covering on top of the tent, as the LORD had commanded him.

He took the commandments and put them in the ark; he placed poles alongside the ark and set the propitiatory upon it. He brought the ark into the Dwelling and hung the curtain veil, thus screening off the ark of the commandments, as the LORD had commanded him.

Then the cloud covered the meeting tent, and the glory of the LORD filled the Dwelling.

Moses could not enter the meeting tent, because the cloud settled down upon it and the glory of the LORD filled the Dwelling.

Whenever the cloud rose from the Dwelling, the children of Israel would set out on their journey.

But if the cloud did not lift, they would not go forward; only when it lifted did they go forward.



In the daytime the cloud of the LORD was seen over the Dwelling; whereas at night, fire was seen in the cloud by the whole house of Israel in all the stages of their journey.

RESPONSORIAL PSALM

Ps 84:3, 4, 5-6a and 8a, 11

R. *How lovely is your dwelling place, O Lord, mighty God!*

My soul yearns and pines for the courts of the LORD.
My heart and my flesh cry out for the living God. **R.**

Even the sparrow finds a home, and the swallow a nest
in which she puts her young Your altars, O LORD of hosts,
my king and my God! **R.**

Blessed they who dwell in your house! continually they praise
you. Blessed the men whose strength you are!
They go from strength to strength. **R.**

I had rather one day in your courts than a thousand elsewhere;
I had rather lie at the threshold of the house of my God
than dwell in the tents of the wicked. **R.**

ALLELUIA

See Acts 16:14b

R. Alleluia, alleluia.
*Open our hearts, O Lord,
to listen to the words of your Son.*
R. Alleluia, alleluia.



GOSPEL

Mt 13:47-53

Jesus said to the disciples:

"The Kingdom of heaven is like a net thrown into the sea, which collects fish of every kind.

When it is full they haul it ashore and sit down to put what is good into buckets.

What is bad they throw away.

Thus it will be at the end of the age.

The angels will go out and separate the wicked from the righteous and throw them into the fiery furnace, where there will be wailing and grinding of teeth."

"Do you understand all these things?"

They answered, "Yes."

And he replied, "Then every scribe who has been instructed in the Kingdom of heaven is like the head of a household who brings from his storeroom both the new and the old." When Jesus finished these parables, he went away from there.



AUGUST 4TH

Memorial of Saint John Vianney, Priest

READING 1

Lv 23:1, 4-11, 15-16, 27, 34b-37

Lectionary: 405

The LORD said to Moses,
“These are the festivals of the LORD which you shall celebrate
at their proper time with a sacred assembly.
The Passover of the LORD falls on the fourteenth day of the
first month, at the evening twilight.
The fifteenth day of this month is the LORD’s feast of
Unleavened Bread.
For seven days you shall eat unleavened bread.
On the first of these days you shall hold a sacred assembly
and do no sort of work. On each of the seven days you shall
offer an oblation to the LORD.
Then on the seventh day you shall again hold a sacred
assembly and do no sort of work.”

The LORD said to Moses, “Speak to the children of Israel and
tell them: When you come into the land which I am giving you,
and reap your harvest, you shall bring a sheaf of the first fruits
of your harvest to the priest, who shall wave the sheaf before
the LORD that it may be acceptable for you.
On the day after the sabbath the priest shall do this.
“Beginning with the day after the sabbath,
the day on which you bring the wave-offering sheaf,
you shall count seven full weeks, and then on the day after



the seventh week, the fiftieth day, you shall present the new cereal offering to the LORD.

"The tenth of this seventh month is the Day of Atonement, when you shall hold a sacred assembly and mortify yourselves and offer an oblation to the LORD.

"The fifteenth day of this seventh month is the LORD's feast of Booths, which shall continue for seven days.

On the first day there shall be a sacred assembly, and you shall do no sort of work. For seven days you shall offer an oblation to the LORD, and on the eighth day you shall again hold a sacred assembly and offer an oblation to the LORD. On that solemn closing you shall do no sort of work.

"These, therefore, are the festivals of the LORD on which you shall proclaim a sacred assembly, and offer as an oblation to the LORD burnt offerings and cereal offerings, sacrifices and libations, as prescribed for each day."

RESPONSORIAL PSALM

Ps 84:3, 4, 5-6a and 8a, 11

R. How lovely is your dwelling place, O Lord, mighty God!

Take up a melody, and sound the timbrel,
the pleasant harp and the lyre.
Blow the trumpet at the new moon,
at the full moon, on our solemn feast. **R.**

For it is a statute in Israel, an ordinance of the God of Jacob,
Who made it a decree for Joseph
when he came forth from the land of Egypt. **R.**



There shall be no strange god among you nor shall you worship any alien god. I, the LORD, am your God who led you forth from the land of Egypt.**R.**

ALLELUIA

1 Pt 1:25

R. Alleluia, alleluia.

The word of the Lord remains forever;
this is the word that has been proclaimed to you.

R. Alleluia, alleluia.

GOSPEL

Mt 13:54-58

Jesus came to his native place and taught the people in their synagogue.

They were astonished and said, "Where did this man get such wisdom and mighty deeds?

Is he not the carpenter's son? Is not his mother named Mary and his brothers James, Joseph, Simon, and Judas?

Are not his sisters all with us?

Where did this man get all this?"

And they took offense at him.

But Jesus said to them, "A prophet is not without honor except in his native place and in his own house."

And he did not work many mighty deeds there because of their lack of faith.



AUGUST 5TH

Saturday of the Seventeenth Week in Ordinary Time

READING 1

Lv 25:1, 8-17

Lectionary: 406

The LORD said to Moses on Mount Sinai,
"Seven weeks of years shall you count—seven times seven years—so that the seven cycles amount to forty-nine years. Then, on the tenth day of the seventh month, let the trumpet resound; on this, the Day of Atonement, the trumpet blast shall re-echo throughout your land.

This fiftieth year you shall make sacred by proclaiming liberty in the land for all its inhabitants.

It shall be a jubilee for you, when every one of you shall return to his own property, every one to his own family estate.

In this fiftieth year, your year of jubilee, you shall not sow, nor shall you reap the aftergrowth or pick the grapes from the untrimmed vines.

Since this is the jubilee, which shall be sacred for you, you may not eat of its produce, except as taken directly from the field.

"In this year of jubilee, then, every one of you shall return to his own property.

Therefore, when you sell any land to your neighbor or buy any from him, do not deal unfairly.

On the basis of the number of years since the last jubilee shall you purchase the land from your neighbor;

and so also, on the basis of the number of years for crops,



shall he sell it to you.

When the years are many, the price shall be so much the more; when the years are few, the price shall be so much the less. For it is really the number of crops that he sells you. Do not deal unfairly, then; but stand in fear of your God. I, the LORD, am your God."

RESPONSORIAL PSALM

Ps 67:2-3, 5, 7-8

R. (4) O God, let all the nations praise you!

May God have pity on us and bless us;
may he let his face shine upon us.
So may your way be known upon earth;
among all nations, your salvation. **R.**

May the nations be glad and exult
because you rule the peoples in equity;
the nations on the earth you guide. **R.**

The earth has yielded its fruits; God, our God, has blessed us.
May God bless us, and may all the ends
of the earth fear him! **R.**

ALLELUIA

1 Pt 1:25

R. Alleluia, alleluia.

*Blessed are they who are persecuted for the sake of
righteousness for theirs is the Kingdom of heaven.*

R. Alleluia, alleluia.



GOSPEL

Mt 14:1-12

Herod the tetrarch heard of the reputation of Jesus and said to his servants, "This man is John the Baptist. He has been raised from the dead; that is why mighty powers are at work in him."

Now Herod had arrested John, bound him, and put him in prison on account of Herodias, the wife of his brother Philip, for John had said to him, "It is not lawful for you to have her."

Although he wanted to kill him, he feared the people, for they regarded him as a prophet.

But at a birthday celebration for Herod, the daughter of Herodias performed a dance before the guests and delighted Herod so much that he swore to give her whatever she might ask for.

Prompted by her mother, she said, "Give me here on a platter the head of John the Baptist."

The king was distressed, but because of his oaths and the guests who were present, he ordered that it be given, and he had John beheaded in the prison.

His head was brought in on a platter and given to the girl, who took it to her mother.

His disciples came and took away the corpse and buried him; and they went and told Jesus.



AUGUST 6TH

Feast of the Transfiguration of the Lord

READING 1

DN 7:9-10, 13-14

Lectionary: 614

As I watched:

Thrones were set up and the Ancient One took his throne.
His clothing was bright as snow,
and the hair on his head as white as wool;
his throne was flames of fire, with wheels of burning fire.
A surging stream of fire flowed out from where he sat;
Thousands upon thousands were ministering to him,
and myriads upon myriads attended him.
The court was convened and the books were opened.

As the visions during the night continued, I saw:

One like a Son of man coming, on the clouds of heaven;
When he reached the Ancient One
and was presented before him, The one like a Son of man
received dominion, glory, and kingship;
all peoples, nations, and languages serve him.
His dominion is an everlasting dominion
that shall not be taken away,
his kingship shall not be destroyed.



RESPONSORIAL PSALM

PS 97:1-2, 5-6, 9

R. The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice;
let the many islands be glad.

Clouds and darkness are round about him,
justice and judgment are the foundation of his throne. ***R.***

The mountains melt like wax before the LORD,
before the LORD of all the earth. The heavens proclaim his justice, and all peoples see his glory. ***R.***

Because you, O LORD, are the Most High over all the earth,
exalted far above all gods. ***R.***

READING II

2 PT 1:16-19

Beloved:

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty.

For he received honor and glory from God the Father when that unique declaration came to him from the majestic glory, "This is my Son, my beloved, with whom I am well pleased." We ourselves heard this voice come from heaven while we were with him on the holy mountain.

Moreover, we possess the prophetic message that is altogether reliable.

You will do well to be attentive to it, as to a lamp shining in a dark place, until day dawns and the morning star rises in your hearts.



ALLELUIA

MT 17:5

R. Alleluia, alleluia.

This is my beloved Son, with whom I am well pleased;
listen to him.

R. Alleluia, alleluia.

GOSPEL

MT 17:1-9

Jesus took Peter, James, and his brother, John,
and led them up a high mountain by themselves.
And he was transfigured before them;
his face shone like the sun
and his clothes became white as light.
And behold, Moses and Elijah appeared to them,
conversing with him.
Then Peter said to Jesus in reply,
"Lord, it is good that we are here.
If you wish, I will make three tents here,
one for you, one for Moses, and one for Elijah."
While he was still speaking, behold,
a bright cloud cast a shadow over them,
then from the cloud came a voice that said,
"This is my beloved Son, with whom I am well pleased;
listen to him."



When the disciples heard this, they fell prostrate
and were very much afraid.

But Jesus came and touched them, saying,
"Rise, and do not be afraid."

And when the disciples raised their eyes,
they saw no one else but Jesus alone.

As they were coming down from the mountain,
Jesus charged them,

"Do not tell the vision to anyone
until the Son of Man has been raised from the dead."



"The Church also needs this renewal! She needs your faith, your idealism and your generosity, so that she can always be young in the Spirit."

Pope Benedict XVI, WYD Sydney 2008





DAILY CHALLENGES





Prayer's Book



100



Daily Challenges



GO

Get to know and find out curiosities about 2 people of different nationalities.



HURRY

Hurry finding Jesus and visit Him at a Church.



REJOICE

Share with someone what made you the happiest today.



Prayer's Book



101



Daily Challenges



BELIEVE

Pray for someone you know who doesn't believe in God.



GIVE THANKS

Hurry finding Jesus and visit Him at a Church. Hug the one who made the most difference in your life for the testimony given during this week and pray for them.



RISE UP

Share your experience in this JMJ with 2 people who have not lived it



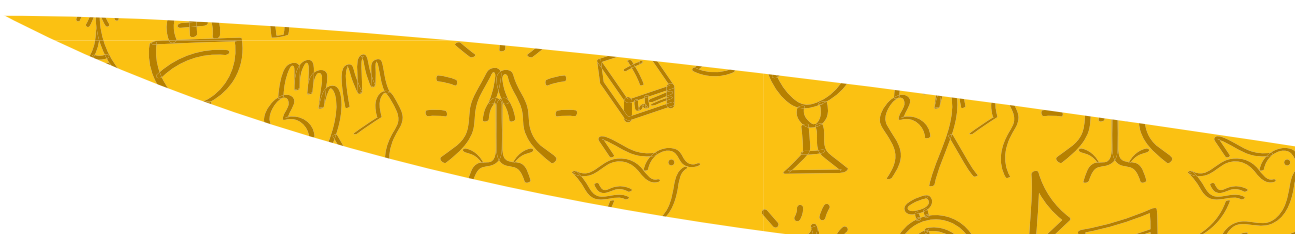
"I know that you as young people have great aspirations, that you want to pledge yourselves to build a better world. Let others see this, let the world see it, since this is exactly the witness that the world."

Pope Benedict XVI, WYD Cologne 2005





OFFICIAL CELEBRATIONS



OPENING MASS



OPENING MASS

Can - ta - rei, can - ta - rei a bon -
I will sing, I will sing of the

5
da - de do Se - nhor. Can - ta - rei,
good - ness of the Lord. I will sing,

10
can - ta - rei a bon - da - de do Se - nhor.
I will sing of the good - ness of the Lord.

Alegra-te, ó Jerusalém,
e vós todos os que a amais reuni-vos: Jerusalém
Regozijai-vos vós que tendes vivido na tristeza
Exultareis e sereis saciados de consolação.

Cantai ao Senhor um cântico novo
Cante ao Senhor a terra inteira
Cantai ao Senhor, bendizei o seu nome.

Proclamai dia após dia a sua salvação
Cantai entre os povos a sua glória
Dizei às nações os seus prodígios.
Aclamai, ó povos, aclamai o Senhor
Aclamai a sua glória e o seu poder
Aclamai a glória do nome do Senhor.



Trema diante dele a terra inteira
Confessai entre os homens: o Senhor é Rei
Governa os povos com justiça

THE INTRODUCTORY RITES

The Celebrant:

In the name of the Father, and of the Son,
and of the Holy Spirit.

R/. Amen.

The Celebrant:

Peace be with you

R/. And with your spirit

PENITENTIAL ACT

The Celebrant:

Brethren, let us acknowledge our sins,
and so prepare ourselves to celebrate the
sacred mysteries.

All together:

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do, through my
fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary ever-Virgin, all the Angels and
Saints, and you, my brothers and sisters,
to pray for me to the Lord our God.



The Celebrant:

May almighty God have mercy on us,
forgive us our sins, and bring us to
everlasting life.

R/. Amen

KYRIE

Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son,

5 Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son.

9 Chris - te e - le - i - son, Chris - te e - le - i - son.

13 Chris - te e - le - i - son. Chris - te e - le - i - son.

17 Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son,

21 Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son.



All together:

V. Kýrie, eléison. R. Kýrie, eléison.

V. Christe, eléison. R. Christe, eléison.

V. Kýrie, eléison. R. Kýrie, eléison.

GLÓRIA

Glo - ri - a, glo - ri - a in ex - cel - sis De - o.

Glo - ri - a, glo - ri - a in ex - cel - sis De - o

Glória in excelsis Deo

et in terra pax homínibus bonae voluntátis.

Laudámus te, benedícimus te, adorámus te, glorificámus te,
grátias ágimus tibi propter magnam glóriam tuam,

Dómine Deus, Rex cæléstis, Deus Pater omnípotens.

Dómine Fili unigénite, Iesu Christe,

Dómine Deus, Agnus Dei, Fílius Patris,

qui tollis peccáta mundi, miserére nobis;

qui tollis peccáta mundi, súscipe deprecatiónem nostram.

Qui sedes ad dexteram Patris, miserére nobis.

Quóniam tu solus Sanctus, tu solus Dóminus, tu solus

Altíssimus, Iesu Christe, cum Sancto Spíritu:

in glória Dei Patris.

Amen.



COLLECT

The Celebrant:

Let us pray. Almighty ever-living God, who, while the Blessed Virgin Mary was carrying your Son in her womb, inspired her to visit Elizabeth, grant us, we pray, that, faithful to the promptings of the Spirit, we may magnify your greatness with the Virgin Mary at all times. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

R/. Amen

THE LITURGY OF THE WORD

FIRST READING

Zep 3, 14-18

Reader:

A reading from the book of the Prophet Zephaniah Shout for joy, O daughter Zion! Sing joyfully, O Israel! Be glad and exult with all your heart, O daughter Jerusalem! The LORD has removed the judgment against you, he has turned away your enemies; The King of Israel, the LORD, is in your midst, you have no further misfortune to fear. On that day, it shall be said to Jerusalem: Fear not, O Zion, be not discouraged! The LORD, your God, is in your midst, a mighty savior; He will rejoice over you with gladness, and renew you in his love, He will sing joyfully because of you, as one sings at festivals.



Verbum Domini.

R/. Deo Gratias.

RESPONSORIAL PSALM

Is 12, 2.3-4bcd.5-6 (R. 6b)



R/. Among you is the great and Holy One of Israel.

God indeed is my savior; I am confident
and unafraid. My strength and my courage
is the LORD, and he has been my savior.
With joy you will draw water at the
fountain of salvation. **R/.**

Give thanks to the LORD, acclaim his
name; among the nations make known his
deeds, proclaim how exalted is his name. **R/.**



Sing praise to the LORD for his glorious achievement; let this be known throughout all the earth. Shout with exultation, O city of Zion, for great in your midst is the Holy One of Israel!. **R/.**

SECOND READING

Rom, 12, 9-16b

Reader:

A reading from the letter of Paul to the Romans Brothers and sisters: Let love be sincere; hate what is evil, hold on to what is good; love one another with mutual affection; anticipate one another in showing honor. Do not grow slack in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, endure in affliction, persevere in prayer. Contribute to the needs of the holy ones, exercise hospitality. Bless those who persecute you, bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Have the same regard for one another; do not be haughty but associate with the lowly; do not be wise in your own estimation.



Verbum Domini.

R/. Deo Gratias.

**ALLELUIA***cf. Lk 1, 45*

Alleluia.

Blessed are you, O Virgin Mary, who believed that what was spoken to you by the Lord would be fulfilled

GOSPEL*Lk 1, 39-56***The Deacon:** Dominus vobiscum**R/.** Et cum spiritu tuo.

Lectio sancti Evangelii secundum Lucam.

R/. Gloria tibi, Domine.



The Deacon:

NMary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb.

And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy.

Blessed are you who believed that what was spoken to you by the Lord would be fulfilled." And Mary said: "My soul proclaims the greatness of the Lord; my spirit rejoices in God my Savior, for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty.

He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever." Mary remained with her about three months and then returned to her home.

Verbum Domini.

R/. Laus tibi, Christe.



HOMILY

CREED



I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

PRAYER OF THE FAITHFUL

The Celebrant:

Brothers and sisters: Let us implore God the Father Almighty, who gave the fullness of grace to the Virgin Mary, to make the Church and all mankind share in this richness, singing with joy:





Reader 1: For the Holy Church, so that it may recognize in Mary, the model of a faithful and obedient disciple who has the courage to leave everything behind and go out to encounter others.

Let us pray to the Lord. **R/.**

Reader 2: For Pope Francis and all those who are called to proclaim the Gospel. So that, like Mary, they may bring the Word of God to the world with joy, especially to those who are the poorest and most alone.

Let us pray to the Lord. **R/.**

Reader 3: For all the leaders and public authorities of the world. So that, like Mary, they may not seek glory for themselves but fulfill their mission with justice and humility, seeking the good of all peoples.

Let us pray to the Lord. **R/.**

Reader 4: For all who are sick, unemployed, and feel abandoned. So that the Lord, through the intercession of Mary, console and strengthen them to rise up and begin again. Let us pray to the Lord. **R/.**

Reader 5: Pela paz no mundo e pelo fim das guerras. Para que o Senhor proteja os inocentes e os indefesos e acabe com os conflitos. Que, a exemplo de Maria,



vivamos em comunhão fraterna
e sejamos inundados pela paz de Cristo.
Oremos ao Senhor. **R/.**

Reader 6: For World Youth Day Lisbon
2023. So that it may be a moment for
Christ to encounter young people, strengthening
fraternity across borders.
May they rise together and announce the
Gospel joyfully, like Mary. Let us pray to
the Lord. **R/.**

Reader 7: For all the young adults in
the world. That they may be able to,
at all times, especially those moments
where they fight with sadness, anxiety or
discouragement, to leave in a hurry - just
like Our Lady the bearer of all the hope
grounded in You.
Let us pray to the Lord. **R/.**

The Celebrant:

Eternal and almighty God, Who did great
wonders in the Virgin Mary, through her
intercession renew your wonders, so that
we may bless You forever and praise Your
name for all eternity.
Through Christ our Lord.
R/. Amen.



LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

Ben-di-ta_és tu, ó Vir - gem Ma - ri - a! Ben-di-ta_és
Bless'd are you, o pure Vir-gin Ma - ry! Bless'd are

tu, ó mãe de Deus! Vi - va Je - sus, vi - va pr'a sem - pre!
you, bless'd is your child! Hail to our Lord, now and fo - re - ver!

A - le - lu - ia, a - le - lu - ia. Vi - va Je - sus, vi - va p'ra
Hal - le - lu - jah, hal - le - lu - jah. Hail to our Lord, now and fo -

sem - pre! A - le - lu - ia, a - le - lu - ia. Mm
re - ver! Hal - le - lu - jah, hal - le - lu - jah. Mm

Maria levantou-se e partiu apressadamente
Rumo a uma cidade da Judeia
Levava no seu coração e no seu ventre
A Beleza viva e verdadeira.

Maria levantou-se: eis a Caridade!
Anunciar a Vida e a Verdade
Aquele que portava cheia de humildade
É o Deus eterno feito Carne.

Ao entrar em casa Maria a saudou
Cheia do Espírito Santo, Isabel exclamou:



Mas como é possível que venha ter comigo
A Mãe de Deus feito menino?
Aquele que o universo não contém
Nasceu pequenino em Belém.

As wide as the sea embracing Portugal,
Jesus comes to save and comfort us
He is our Lord, his love is forever
Believe in Him, you shall live.

Mary came and greeted Elizabeth,
Who filled with the Holy Spirit, cried out in a loud voice:

From the whole wide world, we come to celebrate
the new life that the Infant Jesus gives us
Down on our knees, we worship with the shepherds
The One who gave himself as Living bread

The hope born of faith, we come to share with all:
This is the mission to fulfil To spread to the world the gift
of the Word of God, Word of peace and love that warms our
hearts Mary came and greeted Elizabeth,
Who filled with the Holy Spirit, cried out in a loud voice:

Maria permaneceu contemplando aquela cruz. Unida ao
coração do eterno Filho. E ouvindo com ternura o seu bom
Jesus o Cordeiro de Deus, o Prometido

Maria disse sim com todo o coração: Recebeu do Filho a
humanidade Aquele que da morte se levantou Abriu a nossa
vida à Eternidade.

Ao entrar em casa Maria a saudou
Cheia do Espírito Santo, Isabel exclamou.



PRAYER OVER THE OFFERINGS

The Celebrant:

Let us pray.

May our offering of this saving sacrifice be acceptable to your majesty, O Lord, as you were pleased to accept the charity of the most Blessed Mother of your Only Begotten Son. Who lives and reigns for ever and ever.

R/. Amen

EUCCHARISTIC PRAYER III

V. The Lord be with you.

R. And with your spirit.

V. Lift up your hearts

R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God

R. It is right and just.

The Celebrant:

It is truly right and just, our duty and our salvation, to praise your mighty deeds in the exaltation of all the Saints, and especially, as we celebrate the memory of the Blessed Virgin Mary, to proclaim your kindness as we echo her thankful hymn of praise.



For truly even to earth's ends you have done great things and extended your abundant mercy from age to age: when you looked on the lowliness of your handmaid, you gave us through her the author of our salvation, your Son, Jesus Christ, our Lord.

Through him the host of Angels adores your majesty and rejoices in your presence for ever. May our voices, we pray, join with theirs in one chorus of exultant praise, as we acclaim:



Sanctus, Sanctus, Sanctus
Dóminus Deus Sábaoth.
Pleni sunt cæli et terra glória tua.
Hosánna in excélsis.
Benedíctus qui venit in nómine Dómini.
Hosánna in excélsis.



The Celebrant:

You are indeed Holy, O Lord, and all you have created rightly gives you praise, for through your Son our Lord Jesus Christ, by the power and working of the Holy Spirit, you give life to all things and make them holy, and you never cease to gather a people to yourself, so that from the rising of the sun to its setting a pure sacrifice may be offered to your name.

The Celebrant and the concelebrants:

Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to you for consecration, that they may become the Body and ✠ Blood of your Son our Lord Jesus Christ, at whose command we celebrate these mysteries.

For on the night he was betrayed he himself took bread, and, giving you thanks, he said the blessing, broke the bread and gave it to his disciples, saying:

Take this, all of you, and eat of it, for this is my body, which will be given up for you.

In a similar way, when supper was ended, he took the chalice, and, giving you thanks, he said the blessing, and gave the chalice to his disciples, saying:

take this, all of you, and drink from it, for this is the chalice of my blood, the blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. do this in memory of me.



The Celebrant:

The mystery of faith.

R/. We proclaim your Death, O Lord, and profess your Resurrection until you come again.



Mis-té - rio da fé! R. A-nun-ci - amos, Senhor, a vos-sa mor-te,
pro-cla - mamos a vossa res-sur-rei-ção. Vin - de, Se-nhor Je-sus!

The Celebrant and the concelebrants:

Therefore, O Lord, as we celebrate the memorial of the saving Passion of your Son, his wondrous Resurrection and Ascension into heaven, and as we look forward to his second coming, we offer you in thanksgiving this holy and living sacrifice.

Look, we pray, upon the oblation of your Church and, recognizing the sacrificial Victim by whose death you willed to reconcile us to yourself, grant that we, who are nourished by the Body and Blood of your Son and filled with his Holy Spirit, may become one body, one spirit in Christ.

One The Celebrant:

May he make of us an eternal offering to you, so that we may obtain an inheritance with your elect, especially with the most



Blessed Virgin Mary, Mother of God, with your blessed Apostles and glorious Martyrs and with all the Saints, on whose constant intercession in your presence we rely for unfailing help.

Other Concelebrant:

May this Sacrifice of our reconciliation, we pray, O Lord, advance the peace and salvation of all the world. Be pleased to confirm in faith and charity your pilgrim Church on earth, with your servant Francis our Pope and Manuel our Bishop, the Order of Bishops, all the clergy, and the entire people you have gained for your own.

Listen graciously to the prayers of this family, whom you have summoned before you: in your compassion, O merciful Father, gather to yourself all your children scattered throughout the world. To our departed brothers and sisters and to all who were pleasing to you at their passing from this life, give kind admittance to your kingdom.

There we hope to enjoy for ever the fullness of your glory through Christ our Lord, through whom you bestow on the world all that is good.

Other Concelebrant:

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.

R/. Amen.

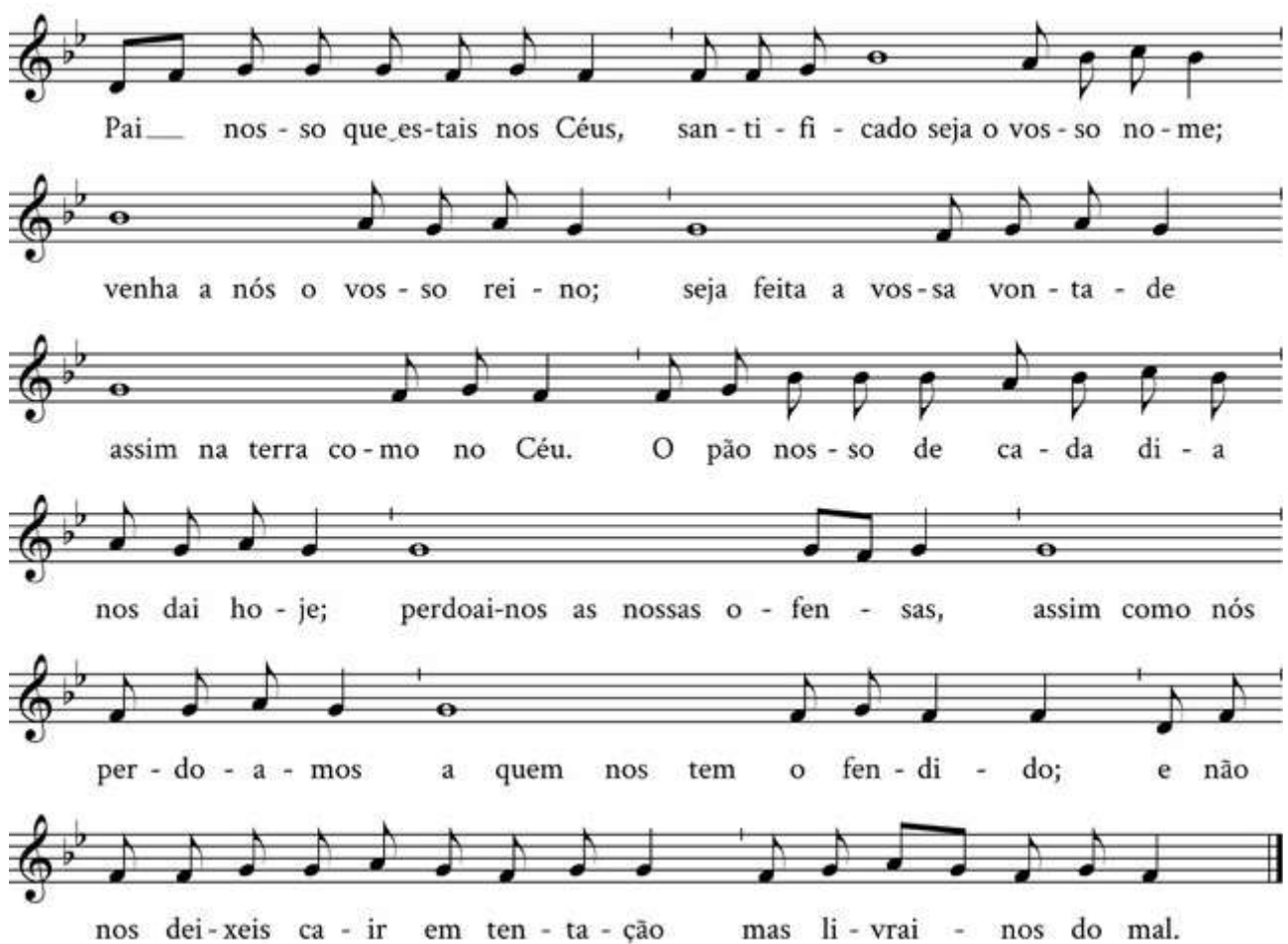


COMMUNION RITE

PATER NOSTER

The Celebrant:

In communion with the whole Church, we dare to say:



Pai — nos - so que es-tais nos Céus, san - ti - fi - cado seja o vos - so no - me;
venha a nós o vos - so rei - no; seja feita a vos-sa von - ta - de
assim na terra co - mo no Céu. O pão nos - so de ca - da di - a
nos dai ho - je; perdoai-nos as nossas o - fen - sas, assim como nós
per - do - a - mos a quem nos tem o fen - di - do; e não
nos dei-xeis ca - ir em ten - ta - ção mas li - vrai - nos do mal.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,



as we forgive those who trespass
against us; and lead us not into temptation,
but deliver us from evil.

The Celebrant:

Deliver us, Lord, we pray, from every evil, graciously grant peace
in our days, that, by the help of your mercy, we may be always
free from sin and safe from all distress, as we await the blessed
hope and the coming of our Savior, Jesus Christ.

R/. For the kingdom, the power and the glory are yours now and
for ever.

The Celebrant:

Lord Jesus Christ, who said to your Apostles: Peace I leave you,
my peace I give you; look not on our sins, but on the faith of your
Church, and graciously grant her peace and unity in accordance
with your will. Who live and reign for ever and ever.

R/. Amen.

The Celebrant:

The peace of the Lord be with you always.

R/. And with your spirit.

The Deacon:

As children of the God of peace, greet one another with a gesture
of fraternal communion.



AGNUS DEI

A - gnus De - i qui tol - lis pec -

ca - ta mun - di, mi - se - re - re no -

bis. Do - na no - bis pa - cem.

Agnus Dei, qui tollis peccáta mundi:
miserére nobis.

Agnus Dei, qui tollis peccáta mundi:
miserére nobis.

Agnus Dei, qui tollis peccáta mundi:
dona nobis pacem.

The Celebrant:

Taste and see that the Lord is good. Behold the Lamb of God,
who takes away the sins of the world.

R/. Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.



Das ge-ra-ções sou bem-a-ven-tu-ra-da

4 Gua-do um te-sou-ro que não se con-so-me Deus me_es-co-lheu

6 — pa-ra su-a mo-ra-da San-to, san-to

9 é o seu no-me Deus me_es-co-lheu pa-ra su-a mo-ra-da

12 San-to, san-to, san-to, san-to, —

15 san-to, san-to é o seu no-me —

Podes trilhar em vão muitas milhas,
Podes longe buscar tua estrada
Só em Deus porém as maravilhas
São reais, diz a Bem-aventurada
Há horas que parecem um alto muro
E a alegria coisa vedada
Mas Deus nos aponta um futuro
No sorriso da Bem-aventurada



Nos ásperos montes da Samaria
quando a dor faz subir a parada
Podes sempre escolher como guia
A estrela da Bem-aventurada

Sem Deus nossos sonhos são nada
Sem amor correremos em vão
A lição da Bem-aventurada
Seja mapa dos dias que virão

Não olhes a vida da bancada
Não te deixes fora da história
Põe os olhos na Bem-aventurada
Acredita: do amor é a vitória!

Olha para dentro do teu coração
A noite já se torna iluminada
Faz do teu sim a grande razão
Como o sim da Bem-aventurada

Ven y rei - na, ma - dre de Dios Rei-na_y
Vem e rei - na mãe de Deus Mãe, ra -

ma - dre de la Cre - a - ción. Ven y rei - na_en nues-tro co - ra -
i - nha da Cri - a - ção. Vem e rei - na_em nos - so co - ra -

zón pa - ra que rei-ne_el Se - ñor. Ven y
ção pa - ra que rei-ne_o Se - nhor. Vem e



10
rei - na, ma-dre de Dios Rei-na_y ma - dre de la Cre - a -
rei - na, mãe de Deus Mãe, ra - i - nha da Cri - a -

13
ción. Ven y rei - na_en nues-tro co - ra - zón pa - ra
ção. Vem e rei - na_em nos - so co - ra - ção pa - ra

16
que rei - ne Je - sús, el Se - ñor. _____
que rei - ne Je - sus, o Se - nhor. _____

Madre de misericordia, madre del Salvador
Auxilio de los cristianos, ruega por nosotros a Dios.

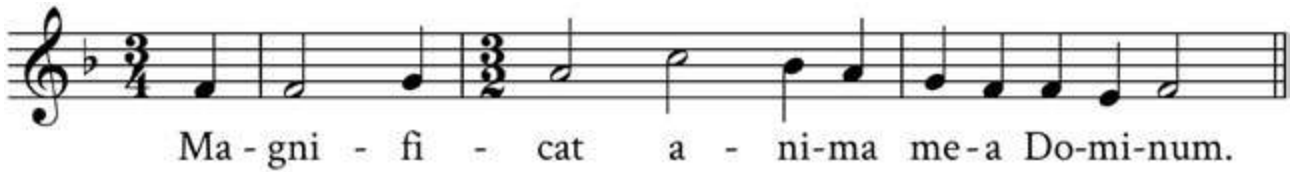
Virgen fiel y prudente, Reina de la paz
Santa Madre de Cristo, que hagamos su voluntad.

Mother of good counsel, model of holiness
Queen of holy devotions, Mary teach us to pray.

Immaculate Mother, Virgin most pure,
Queen assumed into heaven: take us with you to God.

Mãe de misericórdia, mãe do Salvador
auxílio dos cristãos, roga por nós a Deus.

Virgem fiel e prudente, Rainha da paz,
Santa mãe de Cristo, façamos sua vontade.



A minh'alma glorifica o Senhor e o meu espírito se alegra em Deus, meu salvador.

God has looked with favor on the lowliness of his servant.
Surely, from now on all generations will call me blessed.

Porque el Poderoso ha hecho obras grandes por mí: su nombre es santo.

Son amour s'étend d'âge en âge sur ceux qui l'adorent.

Ha spiegato la potenza del suo braccio, ha disperso i superbi nei pensieri del loro cuore.

Derrubou os poderosos de seus tronos e exaltou os humildes.

Die Hungernden beschenkt er mit seinen Gaben und läßt die Reichen leer ausgehen.

Il relève Israël, son serviteur, il se souvient de son amour.

Como había prometido a nuestros padres en favor de Abrahán y su descendencia para siempre.

PRAYER AFTER COMMUNION

The Celebrant:

Let us pray.

May your Church proclaim your greatness, O God, for you have done great things for your faithful, and, as Saint John the Baptist leapt with joy when he first sensed the hidden presence of Christ, so may your Church rejoice to receive in this Sacrament the same ever-living Lord. Who lives and reigns for ever and ever.

R/. Amen.



CONCLUDING RITES

The Celebrant:

The Lord be with you.

R/. And with your spirit.

The Deacon:

Bow down for the blessing.

The Celebrant:

May God, who through the childbearing of the Blessed Virgin Mary willed in his great kindness to redeem the human race, be pleased to enrich you with his blessing.

R/. Amen.

The Celebrant:

May you know always and everywhere the protection of her, through whom you have been found worthy to receive the author of life.

R/. Amen.



The Celebrant:

May you, who have devoutly gathered on this day, carry away with you the gifts of spiritual joys and heavenly rewards.

R/. Amen.

The Celebrant:

And may the blessing of almighty God, the Father, ✠ and the Son, ✠ and the Holy ✠ Spirit, come down on you and remain with you for ever.

R/. Amen.

The Deacon:

Go and announce the Gospel of the Lord.

R/. Thanks be to God





133

WELCOME CERIMONY



GOSPEL

Lk 10, 1-9

After this the Lord appointed seventy[-two] others whom he sent ahead of him in pairs to every town and place he intended to visit. He said to them, "The harvest is abundant but the laborers are few; so ask the master of the harvest to send out laborers for his harvest. Go on your way; behold, I am sending you like lambs among wolves. Carry no money bag, no sack, no sandals; and greet no one along the way. Into whatever house you enter, first say, 'Peace to this household.' If a peaceful person lives there, your peace will rest on him; but if not, it will return to you. Stay in the same house and eat and drink what is offered to you, for the laborer deserves his payment. Do not move about from one house to another. Whatever town you enter and they welcome you, eat what is set before you cure the sick in it and say to them, "The kingdom of God is at hand for you".

Holy Father:

Let us invoke our Patrons, who followed Christ wholeheartedly:





John Paul II, you hoped and believed in a youth capable of changing the world with the witness of faith

C: St. John Paul II,

R: Ora pro nobis.

John Bosco, in your closeness to every young person you were a sign and bearer of God's love.

C: St. John Bosco,

R: Ora pro nobis.

Vincent, with the strength of your faith you inspire us to serve with courage and joy.

C: St. Vincent, **R:** Ora pro nobis,

R: Ora pro nobis.

Antony, with the wisdom of faith you reveal to us the mysteries of God.

C: St. Anthony of Lisbon,

R: Ora pro nobis.

Bartholomew, you are the perfect image of the good and humble shepherd to his sheep.

C: St. Bartholomew of the Martyrs,

R: Ora pro nobis.



John of Brito, with courage you embraced the mission of bringing Christ to all.

C: St. John of Brito,

R: Ora pro nobis.

Joanna, with your consecrated life you show us the beauty of belonging to God.

C: Blessed Joan of Portugal,

R: Ora pro nobis.

John Fernandes, with the audacity of faith you gave your life to God and to humanity.

C: Blessed John Fernandes,

R: Ora pro nobis.

Maria Clara, in your poorest brothers and sisters you have always found Christ.

C: Blessed Maria Clara of the Child Jesus,

R: Ora pro nobis.

Pier Giorgio, with the joy of being Christian you show us the true path to heaven.

C: Blessed Pier Giorgio Frassati,

R: Ora pro nobis.



Marcel, at all times, happy or more demanding, you are an exemplary model of Christian coherence.

C: Blessed Marcel Callo,

R: Ora pro nobis.

Chiara, in pain you made the light of union with Jesus shine

C: Beata Chiara Luce,

R: Ora pro nobis.

Carlo, in the Eucharist you found the strength to live all the moments of your life.

C: Blessed Carlo Acutis,

R: Ora pro nobis.

Pater Noster

Pater noster, qui es in caelis:

sanctificétur nomen tuum; advéniat regnum tuum; fiat volúntas tua, sicut in caelo, et in terra.

Panem nostrum cotidiánum da nobis hódie; et dimítte nobis débita nostra, sicut et nos dimíttimus debitóribus nostris; et ne nos indúcas in tentatiónem; sed líbera nos a malo.





WAY OF THE CROSS



JESUS AROSE AND BEGAN ON HIS WAY

Mary arose and began on her way. Jesus learned from his Mother: even under the weight of the Cross, Jesus arose and began on His way. Lord, teach us young people to rise and move forward. Even when life is difficult.

1. JESUS IS CONDEMNED TO DEATH

Lord, Pilate signed the decree. He signed the decree that would extinguish Your future. "This human being must die; his future will be no more".

Many of us young people feel this way today, Lord: that our future is being taken from us. We are told that life is full of opportunities, but it's hard to see where those opportunities are when money is lacking, when you can't find work and when getting access to education is often impossible. Lord, even when they condemned You to death, You did not let it get You down. You explained to Pilate that he would have no power over You if God had not allowed it. And, with God by Your side, You pressed on, trusting in the future. Teach us to do the same.



2. JESUS TAKES UP HIS CROSS

A heavy log was placed on Your back. And they had already tortured You. What violence, Lord! You lived in a violent world and You were a victim of that violence.

The world we live in is perhaps not very different. Wars, attacks, mass shootings but also violence in marriages and relationships, child abuse, bullying, abuse of power and families where the words that are thrown around are worse than stones.

They put a Cross on Your back but You, Lord, did not give up. Where did You find the strength to walk? I imagine You saying to Yourself: "Love will overcome violence". Lord, give me the strength to love.



3. JESUS FALLS FOR THE FIRST TIME

I am sorry Lord, I'm not used to seeing my heroes abandoned with their mouths covered with dirt. Why did You subject Yourself? It's too much abandonment; too much loneliness.

You, alone. I sometimes feel the same, when I'm looking forward to a message that doesn't come or a hug that doesn't materialise. Sometimes I think it's my fault, that I'm awkward, and that I close myself off; other times, I think I live in a selfish world where everyone thinks only about themselves. I don't know. All I know is that many young people feel alone. Even when they are surrounded by others.





I look at You lying on the ground. I imagine You lifting Your head and looking at me. I imagine You saying: "I fall so that you might rise up with Me. Come, stand up and move forward. Let's go together."

4. JESUS MEETS HIS MOTHER

Amid the screams of the crowd, You probably heard Your mother's voice. A soft and unmistakable voice. "My son. Here I am". You sought out her face. In it You found serenity, a head nodding "yes". "Yes". That was all You needed to see. Confirmation. A sign rooted in pure love. As if to say: "Go forward, commit Yourself, commit Yourself to Good. God will help."

Whisper in my ear, mother of Jesus. Speak to me about love, about commitment. Commitment to Good. Don't let me sit around and wait. Waiting for the "perfect moment", the perfect person, the perfect job, the perfect Church. Don't let me sit and wonder while the world goes on without me and without all I have to offer. Mary, help me to embrace my vocation.

5. SIMON OF CYRENE HELPS JESUS TO CARRY HIS CROSS

The soldiers forced a man named Simon to carry Jesus' Cross. They didn't ask him, they forced him. Under duress. He was a country man. Not even a Roman. He was worthless, he had no right, no say in the matter.





The world today is also full of exclusion and intolerance. There are minorities that have no right to speak or even to exist. In many countries, you can't even practice the religion of your choice. There are many people who cannot freely express their ideas. Each group wants to impose its own point of view and shun anyone who thinks differently. Sometimes even within the Church. Sometimes even within our hearts. You, Lord, were victim of intolerance. But You didn't let Yourself be overcome by hate. And that's why You can be a bridge between everyone. Teach us to be bridge builders wherever we are.

6. VERONICA WIPES THE FACE OF JESUS

Lord, a woman broke through the crowd to wipe Your face and had Your image engraved on her veil. That's what love is, it's letting yourself be moved by the other's face, even when it is disfigured. The face of a beloved child, a beloved friend, a beloved poor person, a beloved wife or husband. The face of the Church that is beloved, even when disfigured. To love is to let yourself be attracted to the face of the other.



But we young people live in an individualistic world. We were told a thousand times that what mattered most was our image and our self-realization. That we had the right to be happy and that we should think of ourselves first. And here we are, self-centred, each one focused on our phone, on our own affairs, on our island, waiting for a happiness that never comes. Because true happiness lies in letting yourself be attracted to the other's face.



7. JESUS FALLS FOR THE SECOND TIME

On the ground again, Lord? When we fall once, we think it was an accident, that it was circumstance. When we fall more often, we grow afraid. Afraid that there is some fundamental problem with us. An imbalance.

These days, Lord, many of us young people have complicated minds. We suffer from anxiety and depression, eating disorders, and burnout. Sometimes we wonder who we are and if life is worth living. Sometimes, we feel really low, in the dirt. Being a problem is worse than having a problem.

I look at You lying on the ground. I imagine You saying: "I fall so that you might rise up with Me. Go, seek help, stand up and move forward. Let's go together."



8. JESUS MEETS THE WOMEN OF JERUSALEM

On the way, Lord, You came across women who wept for You. "Do not weep for Me". You told them "weep instead for yourselves and for your children". You didn't want easy tears that change nothing. You wanted them to think about themselves and the world they would leave for the next generation, for the future.





We too ask ourselves what our future on this planet will be like. We witness the unchecked consumption of the earth's resources, the extinction of species, and the devastation of forests. We are frightened by climate change and feel very insecure about the future. And all of this is linked to disordered lifestyles that cause some to starve while others get sick from overeating.

Lord, teach us to lead lifestyles of simplicity and solidarity, to be more aware of the consequences of our actions, closer to what is essential. More like You.

9. JESUS FALLS FOR THE THIRD TIME

A third time on the ground, Lord? I fear for You, I am afraid that You will not be able to get up. Or that You might fall again, as soon as You get back on Your feet.

Maybe You want to draw close to those young people who fall down again every time they try to get up. They accuse them of being weak, and of not resisting drugs, pornography, and alcohol. They accuse them of taking refuge in their screens, to the point of becoming addicted. They just don't understand that getting up might require strength they no longer have. And a faith they've already lost.

I look at You lying on the ground. I imagine You saying to every young person with an addiction: "I fall so that you might rise up with Me. Go, seek help, stand up, and move forward. With me, this time, you'll make it. Let's go together."





10. JESUS IS STRIPPED OF HIS CLOTHES

They stripped You, Lord, they removed Your clothes. I look at You, serene and confident in Your naked truth. Despite being naked, You remain who You are because You never built an image of Yourself. You, in Your humility and in Your integrity. In Your truth.

But we live in a world of mirrors where all that matter is our appearance, our image. Selfies after selfies. The tyranny of the right body and the perfect smile. Photos of us on social media in carefully studied poses. Artificial posts waiting for likes. A terrible feeling of not being allowed to be ourselves, of having to sell ourselves so that people appreciate us and we are not left isolated. Narcissism that, in the end, leaves us alone on distant islands.

But You stand naked, just Yourself, unashamed of who You are. You lived not for Your image but for Good. Teach me, Lord. Give me the strength to be different, not to be a slave to my image, but to live according to my conscience.



11. JESUS IS NAILED TO THE CROSS

A nail in each wrist, a third in Your feet. Just like that, You were stuck. Still, they shouted to You from below: "Are You not the Son of God? Come down from the Cross!" But the Cross wasn't a situation You just happened to be in; it was the inevitable consequence of not giving up on loving us until the end. A clash between love and the violence of the world.





Nowadays, many people desperately try to escape from inhumane situations. They flee war, hunger, lack of water and political persecution. Their home ceased to be their shelter and became the likely place of their death. They seek refuge in some other place in the world, which one day they might call "home".

Stuck to the cross, Lord, give courage to all the young people who have to flee so as not to lose their lives. And to those who live comfortably in their home, give a heart similar to Yours.

12. JESUS DIES ON THE CROSS

"Father, into Your hands I commend My spirit". You abandoned Yourself into the arms of the Father. You breathed your last and You died. And with You went all the words You didn't get to say, all the embraces You didn't get to give, all the healing You didn't get to do.



It seems like a waste, Lord! How much good could You have done with a few more decades of life? And yet Your words were "It is finished". There was nothing left to accomplish. Because there, on the Cross, You left us everything we needed so we can be saved: pure love, even though it is powerless and apparently useless. Nowadays, only the productive matter. The elderly don't count, people with disabilities don't count, the unemployed don't count, and the dreamers don't count. Nor do the games of children, so often forced to work to earn money, or to study more and more, so that one day they might be "true winners" in the job market.

However, it is love that saves. Hide me in Your loving wounds, Lord!

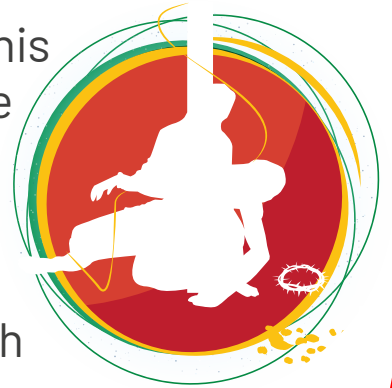


13. JESUS IS TAKEN DOWN FROM THE CROSS AND GIVEN TO HIS MOTHER

Pietá. Jesus in the arms of Mary. A son on his mother's lap. The purest truth of selfless love. The Word resting in silence.

And we remain lost in a world saturated with hasty words, information, news, publicity, and interests, in which we no longer distinguish between truth and lies, nor do we know who to believe!

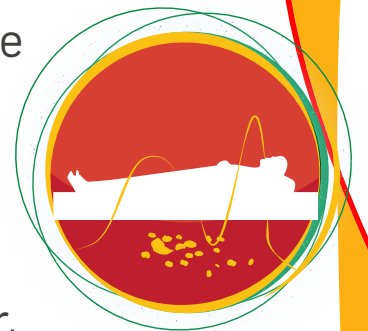
Lord, I don't have to know everything, I don't want to know everything. I just want to know what is necessary in order to be a better person and create a more humane world. Give me a great love for everything in the world that is pure, true, simple and human.



14. JESUS IS LAID IN THE TOMB

The cemetery. The end. When the stone covered the entrance to the tomb it seemed that everything was definitely over. It seemed, Lord, that You and Your way of love had been nothing but an illusion. A deceptive hope in a hypothetical triumph of good over evil. It seemed that everything was over, that we had to be realistic, that the world was really for the clever and not for those who dream of Good, like You.

So often in our lives there seems to be no future. We can't see the light at the end of the tunnel. We are afraid to look ahead. We can't make decisions, we don't see how the story can go on, all we see are large boulders blocking the path in front of us.





This is where we need to hear Mary's voice. Telling us of ends that are beginnings, the apparent death of a tree in winter when it is just getting ready to flower in spring. Of tombs which are gateways to resurrection.



VIGIL ADORATION



ADORATION OF THE BLESSED SACRAMENT

SONGS

PATH I

No ca - mi - nho en - con-trei - Te: a tu - a luz me
i lu-mi - na. No ca - mi - nho en - con - trei - Te:
a tu - a luz me i - lu - mi - na.

PATH II

No ca - mi - nho en - con-trei - te: a tu - a for - ça
me le-van - ta. No ca - mi - nho en - con - trei - te:
a tu - a for - ça me le - van - ta.



PATH III

No ca - mi - nho en - con - trei - te: no teu a-mor dou a
vi-da por a - mor. No ca - mi - nho en - con - trei - te:
no teu a-mor dou a vi - da por a - mor.

EXPOSITION OF THE BLESSED SACRAMENT

Meu Deus, eu crei - o, a - do - ro, es - pe - ro e
a - mo - Vos. Pe - ço - Vos per - dão pa - ra os que não
crê - em, não a - do - ram, não es - pe - ram e não Vos a - mam.



THOUGHT

Here I am, Jesus, before You, as I am.

You know my story, You know my thoughts.
You are aware of all my steps.

You have brought me here today. Why did you choose me?
You wrap me in Your love and hold my hand when I fall.
How can I praise You and thank You for showing me the way,
Without ever forcing me to walk it?

I thank You for the many wonders of my life,
Even the ones I still can't understand.

Here I am, Jesus.

I want to thank You for all those You have placed in my life,
Those who walk with me each day and make me touch the
beauty that dwells in it.

I want to thank You for my family and friends,
Those who remind me of Your name and Your teachings.

I thank You for all those who live this Vigil with me,
The gift of the Church in my life and this World Youth Journey.

I make present, in this evening, those who could not
participate in this Day, those who are sick, those who suffer,
the abandoned, the homeless, those who cannot find meaning



in their lives and are thinking of suicide, the refugees, the prisoners, the prostitutes and the drug addicts.
I ask You also for the persecuted Christians, the peoples at war, the martyred children, and all those who, because of the selfishness of men, will not see the light of day.

Lord, have I been making the right choices?
I remember the crossroads of my path.
Have I been truly free?

“You are greater than my heart and know everything” (1 Jn 3:20).

You never give up on me.
Today I am in this Journey, in Lisbon,
where once again I have found You.

Help me to be a missionary,
To be Your witness,
To bring the truth and proclaim Your word.
And never let me forget that none of this is worth anything if I don't have Love.

Thank You, Jesus.



SONG

A - ni-ma Chri - sti, san - cti - fi - ca me. Cor - pus Chri - sti,
sal - va me. San - guis Chri - sti, i - ne - bri-a me.
A - qua la - te-ris Chri - sti, la - va me

Anima Christi, sanctifica me
Corpus Christi, salva me
Sanguis Christi, inebria me
Aqua lateris Christi, lava me
Passio Christi, conforta me
O bone Jesu, exaudi me
Intra vulnera tua absconde, absconde me
Ne permittas a te me separari
Ab hoste maligno defende me
In hora mortis meæ voca me, voca me
Et iube me venire ad te,
Ut cum sanctis tuis laudem te
Per infinita sæcula sæculorum.
Amen.





155

MISSIONING MASS



THE INTRODUCTORY RITES

Es-te é o meu Fi-lho mui-to_a - ma - do: es - cu -
This is my Son, my be - lo - ved Son: lis - ten

4
tai - o, es - cu - tai - o.
to ——— him, lis - ten to him.

Este é o meu Filho muito amado, muito amado
Em quem pus o meu enlevo: escutai-o.

The Lord reigneth, let the earth rejoice,
let the multitude of isles be glad thereof
Clouds and thick darkness are round about him,
righteousness and justice are the foundation of his throne.

O fogo avança diante dele
e devora em redor os seus inimigos
Os seus relâmpagos iluminam o mundo,
a terra vê-os e estremece.

The hills melted like wax at the presence of the Lord
At the presence of the Lord of the whole earth
The heavens proclaim his righteousness,
and all the peoples of the earth see his glory.

A luz resplandece para os justos
e a alegria para os corações rectos.
Alegrai-vos, ó justos, no Senhor
e louvai o seu nome santo.



The Holy Father:

In the name of the Father, and of the Son, and of the Holy Spirit.

R/ Amen.

The Holy Father:

Peace be with you.

R/ And with your spirit.

PENITENTIAL ACT

The Holy Father:

Brethren, let us acknowledge our sins,
and so prepare ourselves to celebrate the
sacred mysteries.

The Holy Father:

Let us confess our sins.

The Holy Father and the people:

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words, in
what I have done and in what I have failed to do, through my fault,
through my fault, through my most grievous fault; therefore I
ask blessed Mary ever-Virgin, all the Angels and Saints, and you,
my brothers and sisters, to pray for me to the Lord our God.



The Holy Father:

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R/ Amen.

KYRIE

Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son,

Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son.

Chris - te e - le - i - son, Chris - te e - le - i - son.

Chris - te e - le - i - son. Chris - te e - le - i - son.

Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son,

Ky - ri - e e - le - i - son, Ky - ri - e e - le - i - son.



V. Kýrie, eléison. R. Kýrie, eléison.

V. Christe, eléison. R. Christe, eléison.

V. Kýrie, eléison. R. Kýrie, eléison.

GLORY



Glória in excelsis Deo

et in terra pax homínibus bonae voluntátis.

Laudámus te, benedícimus te, adorámus te, glorificámus te,
grátias ágimus tibi propter magnam glóriam tuam,

Dómine Deus, Rex cæléstis, Deus Pater omnípotens.

Dómine Fili unigénite, Iesu Christe,

Dómine Deus, Agnus Dei, Fílius Patris,

qui tollis peccáta mundi, miserére nobis;

qui tollis peccáta mundi, súscipe deprecatióem nostram.

Qui sedes ad dexteram Patris, miserére nobis.

Quóniam tu solus Sanctus, tu solus Dóminus, tu solus

Altíssimus, Iesu Christe, cum Sancto Spíritu:

in glória Dei Patris.

Amen.



COLLECT

The Holy Father:

Let us pray.

O God, who in the glorious Transfiguration of your Only Begotten Son confirmed the mysteries of faith by the witness of the Fathers and wonderfully prefigured our full adoption to sonship, grant, we pray, to your servants, that, listening to the voice of your beloved Son, we may merit to become co-heirs with him. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

R/. Amen.

THE LITURGY OF THE WORD

THE LITURGY OF THE WORD

Dn 7, 9-10.13-14

Reader:

A reading from the book of the prophet Daniel.

As I watched: Thrones were set up and the Ancient One took his throne.

His clothing was bright as snow, and the hair on his head as white as wool; his throne was flames of fire, with wheels of burning fire.



Asurginstreamoffireflowedoutfromwherehesat;Thousands upon thousands were ministering to him, and myriads upon myriads attended him.

The court was convened and the books were opened.

As the visions during the night continued, I saw: One like a Son of man coming, on the clouds of heaven; When he reached the Ancient One and was presented before him, The one like a Son of man received dominion, glory, and kingship; all peoples, nations, and languages serve him.

His dominion is an everlasting dominion that shall not be taken away, his kingship shall not be destroyed.



Verbum Domini.

R/. Deo Gratias

RESPONSORIAL PSALM

PS 96 (97), 1-2.5-6.9 e 12





R/. The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice; let the many islands be glad. Clouds and darkness are round about him, justice and judgment are the foundation of his throne. **R/.**

The mountains melt like wax before the LORD, before the LORD of all the earth. The heavens proclaim his justice, and all peoples see his glory. **R/.**

Because you, O LORD, are the Most High over all the earth, exalted far above all gods. **R/.**

SECOND READING

2 Pd 1, 16-19

Reader:

A reading from the second Letter of Peter Beloved:

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty.

For he received honor and glory from God the Father when that unique declaration came to him from the majestic glory, "This is my Son, my beloved, with whom I am well pleased."

We ourselves heard this voice come from heaven while we were with him on the holy mountain. Moreover, we possess the prophetic message that is altogether reliable.

You will do well to be attentive to it, as to a lamp shining in a dark place, until day dawns and the morning star rises in your hearts.



Verbum Domini.

R/. Deo Gratias

ALLELUIA

cf. Mt 17, 5c

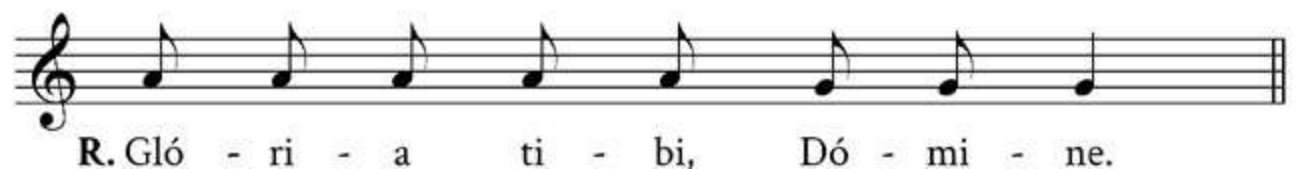


Alleluia

This is my beloved Son, with whom I am well pleased; listen to him. **R/.**

GOSPEL

Mt 17, 1-9





The Deacon: Dominus vobiscum

R/. Et cum spiritu tuo.

Lectio sancti Evangelii secundum Matthaeum.

R/. Gloria tibi, Domine.

Jesus took Peter, James, and his brother, John, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light.

And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah."

While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone. As they were coming down from the mountain, Jesus charged them, "Do not tell the vision to anyone until the Son of Man has been raised from the dead."

Verbum Domini.

R/. Laus tibi, Christe.



HOMILY

CREED



I believe in God,
the Father almighty, Creator of heaven and earth, and in Jesus
Christ, his only Son, our
Lord, who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under
Pontius Pilate, was crucified, died and
was buried; he descended into hell; on the
third day he rose again from the dead; he
ascended into heaven, and is seated at the
right hand of God the Father almighty;
from there he will come to judge the living
and the dead.

I believe in the Holy Spirit, the holy
catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of
the body, and life everlasting.

Amen.



PRAYER OF THE FAITHFUL

The Holy Father:

Brothers and sisters in Christ let us invoke God, our Father who has revealed to us the divinity of his beloved Son and has commanded us to listen to him in joyful song:



R/. Lord, fill us with your light.

Reader 1: For the Church, God's holy people: may the example of Mary, the first disciple and missionary of the Gospel may she be for humanity a luminous and transparent witness of faith and a fruitful seed of unity and hope, let us pray. **R/.**

Reader 2: For Pope Francis and for all ministers of the Gospel: That, encountering the transforming beauty of the transfigured Lord Jesus, may they courageously share the gift of his love with those who do not know him, let us pray **R/.**

Reader 3: For the men and women who govern our society so that, allowing themselves to be transfigured by Jesus may contribute with their lives to the construction of a more fraternal society in which justice, truth and peace prevail, let us pray. **R/.**

Reader 4: For the men and women who govern our society so that, allowing themselves to be transfigured by Jesus



may contribute with their lives to the construction of a more fraternal society in which justice, truth and peace prevail, let us pray. **R/.**

Reader 5: For peoples martyred by violence and war: That the world may embrace God's peace and may it always choose the path of dialogue and forgiveness instead of conflict and hatred. instead of conflict and hatred, let us pray. **R/.**

Reader 6: For the young people participating in World Youth Day: that listening to the Gospel and fascinated by the beauty of the Lord Jesus may they dedicate themselves to building their own future, bringing hope and joy to the Church and to the world, let us pray. **R/.**

Reader 7: For us, gathered here to celebrate the Eucharist that, entrusting ourselves with courage to the Word of God and strengthened by the Bread of Life may we be leaven of light and hope in the midst of our brothers and sisters, let us pray. **. R/.**

The Holy Father:

Accept, O Father, our prayer and enlighten us with the light of the holy mountain so that, seeing the splendor of your face and listening to the voice of your Son we may be fully conformed to him, who lives and reigns forever and ever.

R/. Amen



LITURGY OF THE EUCHARIST

CANTICLE

Gui - a - nos, Se - nhor, pa - ra_a ten - da da_a - li -
Guide our path, o Lord, to the tent___ of the

4 an - ça. Faz - nos ca - mi - nhar à luz do teu ros -
cove - nant. O send out thy light, thy truth: let them lead

7 to. Faz - nos ca - mi - nhar à luz do teu ros - to.
us. O send out thy light, thy truth, let them lead us.

Guia nossos passos para a montanha, a montanha do teu
silêncio, a montanha do teu perdão:
o monte santo da nossa espera.

Guide our steps, Lord, so we may find you,
so we find you in your Word, so we find you in love and justice,
glad tidings brought by your prophet.

Guide nos pas vers le grand amour,
l'amour qui sèche les larmes, l'amour qui élève le pauvre:
l'amour qui n'est que ta bonté.

Guia nossos passos para a missão, a missão que nos abre ao
tempo, a missão que renova o mundo:
fermento novo que nos acorda.

Guide our steps, Lord, to your day.

On your day, we begin all over, on your day we find each other,
a celebration that sets us free.



PRAYER OVER THE OFFERINGS

The Celebrant:

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R/. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

The Celebrant:

Sanctify, O Lord, we pray, these offerings here made to celebrate the glorious Transfiguration of your Only Begotten Son, and by his radiant splendor cleanse us from the stains of sin. Through Christ our Lord.

Por Cristo nosso Senhor.

R/. Amen

EUCCHARISTIC PRAYER II

PREFACE

V. The Lord be with you.

R. And with your spirit.

V. Lift up your hearts.

R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God

R. It is right and just.



It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

For he revealed his glory in the presence of chosen witnesses and filled with the greatest splendor that bodily form which he shares with all humanity, that the scandal of the Cross might be removed from the hearts of his disciples and that he might show how in the Body of the whole Church is to be fulfilled what so wonderfully shone forth first in its Head.

And so, with the Powers of heaven, we worship you constantly on earth, and before your majesty without end we acclaim:

SANCTUS

Sanctus, Sanctus, Sanctus

Dóminus Deus Sábaoth.

Pleni sunt cæli et terra glória tua.

Hosáнна in excélsis.

Benedíctus qui venit in nómine Dómini.

Hosáнна in excélsis.



The Celebrant:

You are indeed Holy, O Lord, the fount of all holiness.



The Celebrant and the concelebrants:

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and ✠ Blood of our Lord Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

***Take this, all of you, and eat of it,
for this is my body, which will be given up for you.***

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

Take this, all of you, and drink from it, for this is the chalice of my blood, the blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. do this in memory of me.

The Celebrant:

The mystery of faith.

R/. We proclaim your Death, O Lord, and profess your Resurrection until you come again.



Mis-té-rio da fé! R. A-nun-ci-amos, Senhor, a vos-sa mor-te,



pro-cla-mamos a vossa res-sur-rei-ção. Vin-de, Se-nhor Je-sus!



The Celebrant and the concelebrants

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

One Concelebrant:

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with Francis our Pope and Manuel our Bishop and all the clergy.

Other Concelebrant:

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

The Celebrant and the concelebrants:

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.

R/. Amen.



COMMUNION RITE

PATER NOSTER

The Celebrant:

Because we are called and are children of God, we dare to say with all confidence:

Pa - ter nos - ter, qui es in cæ - lis: sanc - ti - fi - cé - tur —
no - men tú - um; ad - vé - ni - at re-gnum tú - um; fi - at
vo - lún - tas tu - a, sic - ut in cæ - lo et in ter - ra.
Pa - nem nos - trum co - ti - di - á - num da no - bis hó - di - e;
et di - mít - te no - bis dé - bi - ta nos - tra, sic - ut et nos
di - mít - ti - mus de - bi - tó - ri - bus nos - tris; et ne nos in - dú -
cas in ten - ta - ti - ó - nem; sed lí - be - ra nos a ma - lo.

Pater noster, qui es in caelis:
sanctificétur nomen tuum; advéniat regnum tuum; fiat
volúntas tua, sicut in caelo, et in terra.



Panem nostrum cotidiánum da nobis hódie;
et dimítte nobis debita nostra, sicut et nos dimíttimus
debitóribus nostris; et ne nos indúcas in tentatiónem;
sed libera nos a malo.

The Celebrant:

Deliver us, Lord, we pray, from every evil, graciously grant
peace in our days, that, by the help of your mercy, we may be
always free from sin and safe from all distress, as we await
the blessed hope and the coming of our Savior, Jesus Christ.

R/. For the kingdom, the power and the
glory are yours now and for ever.

The Celebrant:

Lord Jesus Christ, who said to your Apostles:
Peace I leave you, my peace I give you; look not on our sins,
but on the faith of your Church, and graciously grant her peace
and unity in accordance with your will.

Who live and reign for ever and ever

R/. Amen.

The Celebrant:

The peace of the Lord be with you always.

R/. *And with your spirit.*

The Deacon:

As sons of the God of peace, greet
each other with a gesture of fraternal communion.



AGNUS DEI

6

A - gnus De - i qui tol - lis pec -

11

ca - ta mun - di, mi - se - re - re no -

17

13

bis. Do - na no - bis pa - cem.

Agnus Dei, qui tollis peccáta mundi: miserére nobis.
Agnus Dei, qui tollis peccáta mundi: miserére nobis.
Agnus Dei, qui tollis peccáta mundi: dona nobis pacem.

The Celebrant:

Blessed are those called to the feast of the kingdom of Heaven.
Behold the Lamb of God, behold him who takes away the sins
of the world.

R/. Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.



I am the bread of life, I am the re-sur-
Eu sou o pão da vi - da, Eu sou a res-sur-rei -

4
rec-tion! Take and eat it, all of you, this is my bo - dy,
ção! To - mai e co - mei es - te é o meu cor - po,

7
bread of u - ni - ty, of life. Re-main in me, in my love,
pão de vi - da e u - ni - da - de. Per - ma-ne-cei em mim,

11
I am the vine, you are the bran-ches! Take and drink it, all of you, this
Eu a vi-dei-ra e vós os ra - mos! To - mai e be - bei, es - te é

14
— is my blood, — for sal-va - tion of the world.
— o meu san - gue, pa - ra vos - sa sal - va - ção.

Pão do céu, pão de Deus, vida em mim, és Senhor Jesus
No caminho da vida és o pão que dá força e luz
Quem comer deste pão viverá por mim, quem deste vinho
beber viverá no amor, E feliz reinará com o seu Senhor.
Ô Seigneur, bon berger, tu es la lumière de la vie
Qui te suit n'est pas seul et jamais va s'égarer
Ni la vie, ni la mort, ni aucun pouvoir, ne pourront le séparer de
son amour: Vers la vie éternelle il s'élèvera.
Pão do céu é o maná que nos das com sabor a ti



És a força que alenta o nosso peregrinar
Quem tem sede há-de em ti encontrar a fonte da alegria sem
fim e da tua paz, E brotará dele um rio de água viva.

¿A quién vamos, Señor? Eres Tu el Santo de Dios!

Las palabras, Señor, que nos das son de vida eterna

Quién te sigue no se perderá en la noche oscura o en valles de
soledad, pues tendrá luz de vida verdadera!

Jé-sus le Christ, lu-mière in-té-rieu - re, ne lais-se
pas mes té-nè-bres me par-ler. Jé-sus le Christ, lu-mière in-té-
rieu - re, don - ne moi d'ac-cueil-lir ton a - mour.

Dios mío, sondea me para conocer mi corazón;

Guíame por el camino eterno

If I take the wings of the morning, and settle at the farthest
limits of the sea, even there your hand shall hold me fast.

A palavra ainda me não chegou à boca, já a conheces na
perfeição. Por todos os lados me envolves e sobre mim
colocas a tua mão.



PRAYER AFTER COMMUNION

The Holy Father:

Let us pray.

May the heavenly nourishment
we have received, O Lord, we pray,
transform us into the likeness of your Son,
whose radiant splendor you willed to make manifest
in his glorious Transfiguration.
Who lives and reigns for ever and ever.

R/. Amen.

ANGELUS

The Holy Father:

Angelus Dómini nuntiávit Mariæ.

R/. Et concépit de Spíritu Sancto.

Ave María, grátia plena, Dóminus tecum,
benedícta tu in muliéribus
et benedíctus fructus ventris tui, Iesus.

R/. Sancta María, Mater Dei,
ora pro nobis peccatóribus,
nunc et in hora mortis nostræ. Amen.



Ecce, ancílla Dómini.

R/. Fiat mihi secúndum verbum tuum.

Ave María...

R/. Sancta María...

Et Verbum caro factum est.

R/. Et habitávit in nobis.

Ave María...

R/. Sancta María...

Ora pro nobis, sancta Dei Génetríx.

R/. Ut digni efficiámur promissiónibus Christi.

The Holy Father:

Orémus.

Grátiam tuam, quæsumus, Dómine,
méntibus nostris infúnde,
ut qui, Ángelo nuntiánte,
Christi Fílii tui incarnatiónem cognóvimus,
per passiónem eius et crucem
ad resurrectiόνis glóriam perducámur.
Per eúmdem Christum Dóminum nostrum.

R/. Amen.

Glória Patri, et Fílio, et Spirítui Sancto. (3 veces)

R/. Sicut erat in princípío, et nunc, et semper,
et in sæcula sæculórum. Amen.



Pro fidélibus defúntis:
Réquiem ætérnam dona eis, Dómine.
R/. Et lux perpétua lúceat eis.

Requiescant in pace.
R/. Amen.

THE CONCLUDING RITES

The Holy Father:
The Lord be with you.
R/. And with your spirit.

The Holy Father:
Blessed be the name of the Lord.
R/. Now and for ever.

The Holy Father:
Our help is in the name of the Lord.
R/. Who made heaven and earth.

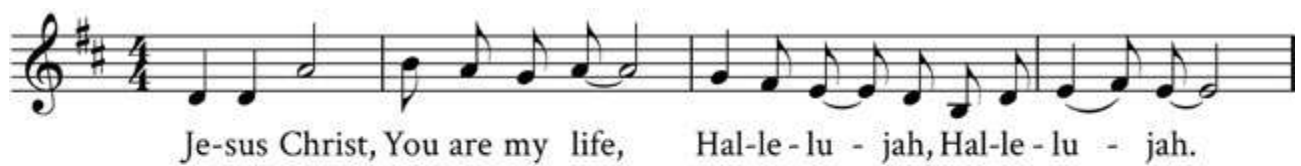
The Holy Father:
May almighty God bless you,
the Father, ✠ and the Son, ✠
and the Holy ✠ Spirit.
R/. Amen.



The Deacon:

Go and announce
the Gospel of the Lord.

R/. Thanks be to God.



"Believing in Jesus (...) is like a new martyrdom: the martyrdom of those who, today as yesterday, are called to go against the current to follow the Divine Master."

Pope St. John Paul II, WYD Rome 2000





RECONCILIATION ITINERARY



READY

1. Explanation of the itinerary

Hello! Welcome to this itinerary of reconciliation. Over the next four steps, we will walk together on the road of forgiveness, seeking to deepen each of the experiences that belong to this sacrament. Each step consists of a setting, a biblical text, a meditation, and a prayer. In the proposed meditations, the objective will never be to stay within oneself, but always to lift

2. Introduction

I prepare myself: the first step of an itinerary for my heart.

3. Invitation to openness/Disposition of the heart

I try to quiet my heart. Without haste, I want to silence the agitation that surrounds me. At this moment, I put myself in the presence of God. I ask for simplicity and serenity to find myself, just as I am, without shame, to reread my story from God's perspective, who loves me in my fragility and in my wounds.

Without fear, I begin by giving thanks. I try to have a grateful look, free of prejudices, about myself, my reality, my life in its incompleteness, about the people around me, my relationships



that are lost and recreated, my desires and projects. What should I be thankful for today? Events, experiences, people?

4. Biblical text (Lk 15:11-13, 17-24)

Now I listen to the parable of the Prodigal Son, to discover in it the concerns and experiences that reflect my life:

"A man had two sons. The younger of them said to his father, 'Father, give me the share of the estate that belongs to me.' So he divided his assets between them. Not many days later, the younger son gathered everything together and traveled to a distant country, and there he squandered his estate with loose living.

But when he came to his senses, he said, 'How many of my father's hired workers have an abundance of bread, but I am dying here from hunger! I will get up and go to my father.' So he got up and went to his father.

But while he was still a long way off, his father saw him and felt compassion for him, and ran and embraced him, and kissed him. And the son said to him, 'Father, I have sinned against heaven and in your sight; I am no longer worthy to be called your son.'

But the father said to his slaves, 'Quickly bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet; and bring the fattened calf, kill it, and let us eat and celebrate; for this son of mine was dead and has come to life again; he was lost and has been found.' And they began to celebrate."

Which phrases resonated most within me? What is God saying to me through this Word? I repeat them and let them create space within me.

5. Meditation

Everything that go through my heart is narrated in this parable: it is me who is named in the journey and dialogues of these characters.

With this awareness, I enter into the intimacy of the text and let myself be enveloped in the scenes narrated by Jesus. In this confrontation, I ask myself: How have I spent my days? What were the movements within me of which I am aware in my relationship with others and with God? What were my reactions, resistances, inclinations, and concerns? Where

"I want to walk towards a reconciled freedom?

Without questions or resistance, I discover myself as the lost beloved of a shepherd who never gives up searching for me.

6. Prayer

God of Love,

who walks before me as a promise, come as a Shepherd to cultivate my desert, and inhabit the search and loss that I am made of.

Lend my life the wonder and beauty of Your unquenchable Fire, which passionately consumes life with every step.

So that the risk of Your excess expands into the possible of the blank pagewhere together we draw the future of History.

You who are the One who is to come and God with us.

Amen.



BELIEVE

1. Prayer

I believe: the second step of a journey towards my heart.

2. Invitation to Openness/Disposition of the Heart

As I revisit my story, I become aware of a Presence that accompanies me. I now have the opportunity to desire a deeper rebirth, to feel touched amidst my wounds and restlessness. I go over each memory searching for the traces of this Presence, in hope of an encounter. There is a thirst that envelops me, a vertigo that seduces me. They call me by name. Where does this Voice come from? Whose face is this that captivates me? Who is this Man whom everyone calls Jesus? What newness does He bring to my days? I take a risk in my decision and choose to run towards the Heart that calls me.

3. Bible Text (Luke 15:1-7)

Now I listen to the parable of the lost sheep, to discover in it the embrace of God that comes to meet me: "Tax collectors and other notorious sinners often came to listen to Jesus teach. This made the Pharisees and teachers of religious law



complain that he was associating with such sinful people—even eating with them! So Jesus told them this story: “If a man has a hundred sheep and one of them gets lost, what will he do? Won’t he leave the ninety-nine others in the wilderness and go to search for the one that is lost until he finds it? And when he has found it, he will joyfully carry it home on his shoulders. When he arrives, he will call together his friends and neighbors, saying, ‘Rejoice with me because I have found my lost sheep.’ In the same way, there is more joy in heaven over one lost sinner who repents and returns to God than over ninety-nine others who are righteous and haven’t strayed away!”

Which phrases resonated within me the most? What is God telling me through this Word? I repeat them and let them create space within me. rebirth, to feel touched amidst my wounds and restlessness. I go over each memory searching for the traces of this Presence, in hope of an encounter. There is a thirst that envelops me, a vertigo that seduces me. They call me by name. Where does this Voice come from? Whose face is this that captivates me? Who is this Man whom everyone calls Jesus? What newness does He bring to my days? I take a risk in my decision and choose to run towards the Heart that calls me.

4. Meditation

Upon hearing these words, I am assaulted by images that break my preconceptions. Nothing of what I heard is predictable: a shepherd who abandons the flock for a single sheep? It seems like madness, an exaggeration. But what is so special about this sheep? To what extent can I read my own story from these movements?



How can I see in these words the overcoming of the fatalism of guilt? Can I perceive the beauty of a transformative encounter? Do I want to walk towards a reconciled freedom?

Without any questioning or resistance, I discover myself as the lost beloved of a shepherd who never gives up on finding me.

5. Prayer

God of Love,
who walks before me as a promise,
come as a Shepherd to cultivate my desert
and dwell in the search and loss that I am made of.
Lend my life the wonder and beauty of Your unquenchable
Fire, that passionately consumes my life at every step.
So that the risk of Your exaggeration
expands into the possibilities of the blank page
where together we draw the future of History.
You who are the One who is to come
and God with us.
Amen.



GIVE THANKS

1. Introduction

Gratitude: the third step of a journey towards my heart

Invitation to openness/Disposition of the heart

The joy of crossing the bridge of mercy is becoming more intense and flavorful. With my eyes open, I am challenged to leave the labyrinths of darkness, the crossroads of mistakes, failures, disappointments, and deceptions that filled the narration of my story. It is time to walk upright, reconciled, restored to freedom, and renewed in relationship. God came to meet me. He recognizes the height of my dreams, gives color to my desires, and fills me with gratitude. How can my heart praise forgiveness?

2. Biblical Text (Lk 17:11-19)

Now, I open this page of the gospel and let it illuminate me:

“Jesus traveled along the border between Samaria and Galilee, and as he was going into a village, ten men with leprosy met him. They stood at a distance and called out in a loud voice, ‘Jesus, Master, have pity on us!’ When he saw them, he said, ‘Go, show yourselves to the priests.’ And as they went, they



were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him and he was a Samaritan. Jesus asked, 'Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?' Then he said to him, 'Rise and go; your faith has made you well.'"

What phrases resonated within me? What is God telling me through this Word? I repeat them and let them create space within me.

3. Meditation

Out of the ten lepers, only one returned. The choreography of this movement is interesting: the awareness of one's own fragility becomes the strength of the relationship. We do not always have the courage of gratitude in the face of amazement, but only by cultivating this virtue can we grow in Love. Gratitude is like a muscle that we can exercise to gain spontaneity. This is why the beating of God's Heart can shape the expansion of my own heart. It is not about deceiving the senses, but about relearning to look at every moment as an opportunity. What space do I give to amazement and gratitude? How can I transform my present into occasions of grace and praise?

I seek a space and time where silence can speak of the beauty of personal encounter with God.



4. Prayer

God of Love, who illuminates every step of my life, teach my days the gift of gratitude and mercy, so that my life may recognize You by the way it is recognized by You. Together with all the prophets who work for justice and peace, keep me in Your Love and make me a witness of Your Kingdom. Through Jesus, the Man who showed us Your Face and loved us to the end. Amen.



RISE UP

1. Introduction

Rise up: the fourth step of a journey to my heart

Invitation to openness/Disposition of the heart

It is time to resume the path of life. Behind me are the kisses of God in the land of my wounds. Before me, there is a great desire for renewed hope and beauty to be lived. Whenever Love touches frailty, the whole being is enveloped in the peace and serenity of a restored life. I walk towards the newness of the company of God. There are arms waiting for me at every moment, legs moving to the rhythm of pilgrimage and with the goal of many hearts eagerly anticipating my passing into Life.

2. Biblical Text (Lk 5:18-26)

Now I listen to the story of the rising of the paralytic, allowing myself to be challenged by the actions and words of Jesus:

"Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus. When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus.



When Jesus saw their faith, he said, "Friend, your sins are forgiven." The Pharisees and the teachers of the law began thinking to themselves, "Who is this fellow who speaks blasphemy? Who can forgive sins but God alone?"

Jesus knew what they were thinking and asked, "Why are you thinking these things in your hearts? Which is easier: to say, 'Your sins are forgiven,' or to say, 'Get up and walk'? But I want you to know that the Son of Man has authority on earth to forgive sins." So he said to the paralyzed man, "I tell you, get up, take your mat and go home."

Immediately he stood up in front of them, took what he had been lying on and went home praising God. Everyone was amazed and gave praise to God. They were filled with awe and said, "We have seen remarkable things today."

Which phrases resonate the most within me? What is God saying to me through this Word? I repeat them and allow them to create space within me.

3. Meditation

I too am invited to "get up, take your mat and go home". The experience of reconciliation does not nullify my life. Instead, it makes me the protagonist of my biography and subject of a shared story. Loved as a son, I am called to proclaim the reasons for my joy, not as an imposition, but as an expression of God's path in my own life. How can I commit to my life? What service can I provide for the construction of a reconciled world and a Church loved in its wounds?



4. Prayer

God of Love, who walks before me as a promise,
do not let me surrender to the evidence of the already known.
Expand the horizon of my story and free me from the chains
that hold me to sadness and guilt.

You who rescue me from the anguish and fear that paralyze,
give me the courage to rise from the ground, teach me the
lightness of the first steps.

So that, reconciled, I may embrace the new as a possibility of a
new beginning in a shared life in the construction of a just and
fraternal world.

I ask this through Jesus, the Risen One who lifts up Humanity.
Amen.



**"Go forth now along the roads of the world,
along the pathways of humanity, while
remaining ever united in Christ's Church!"**

Pope St. John Paul II, WYD Paris 1997





EXAMINATION OF CONSCIENCE





1. Introduction

The experience of forgiveness is a true pilgrimage. In this journey, I will follow the movements of God in my life and the movements of my body, which open themselves to the novelty of forgiveness, from waking up to walking. At each point, I will remember the relationships that inhabit my day, so that I can feel the action of divine Love in every depth reached by prayer, from me to others and from others to God.

2. Waking Up

I open my eyes in the midst of the night I am going through and become aware of my body, my entire history, with joys and sorrows, expectations, and anxieties. I become aware of my past, and read it by the light of a hope that awakens me. At this dawn, how do I see myself? Do I accept my uniqueness or give space to comparison, discouragement, and repetition? Do I rejoice in the life that has been given to me, with all its gifts?

3. Sitting

I sit and let myself be worked by silence. Slowly, I allow time to tell my days. How do I relate with time? What priorities do my days have? Do I feel everything in harmony? What divides me? To what extent, in the deepest part of myself, do I allow myself to be reconciled with my wounds, doubts, mistakes, failures, and restlessness? Am I able to name them?

4. Rising Up

I want to learn how to rise from the ground of fear, anxiety, and loneliness. But only my own strength is not enough.



I need to open myself to the other who, in his/her difference, completes me. At the rhythm of my heart, I now go through all the faces that share this path with me. How have I lived my relationships? Am I a bearer of freedom or am I deceived by the desire for control, consumption, and manipulation? Have I hurt someone? How much time do I give to my family? Am I truly present when I am with my friends and colleagues? Do I listen to them and try to be close? Do I seek to cultivate peace or instigate discord?

How do I take care of life when it presents itself fragile? Am I attentive to the needs of others? Am I capable of lifting others up and accept being lifted up?

I observe the entire context that surrounds me. Do I feel responsible for the world I inhabit? Have I been interested in building a more fraternal, reconciled, truthful, and just world? Do I use the means at my disposal to promote truth, or do I subject/subdue myself to easy criticism, misinformation, and violence? 1. Rising Up

5. Pilgrimage

Now that I am standing, I ascend to the horizon of my gaze. Do I feel accompanied?

"We know and believe in the Love God has for us" (1 Jn 4, 16) Do I recognize myself as loved? Do I allow myself to be found and inhabited by this Presence in the surprise of each day?

Am I attentive to the movements of the Spirit in my life, in the relationships and situations that are given to me? What obstacles prevent me from journeying with companionship?



Being a Christian is an adventure, an encounter with a Person. How does Jesus become a companion on this journey? Do I seek Him in the breaking of Bread, in the listening of the Word, and in the fraternal sharing?

Do I accept Jesus as the possibility of Light for my darkness and the Face that pulls me out of selfishness?

How does this encounter challenge my dreams and projects? Do I let myself be guided?

Have I sought not to isolate myself in the experience of faith? What attention have I given to building a community of brothers and sisters? Do I take care of their fragilities and wounds?

6. Prayer

God of Love,
You look upon my life
From the movement of Your Heart.
Grant to the days of my story
The clarity of Your interiority And mercy as balm
For the wounds of time, Of relationships and situations.
Move in my thoughts, Speak to my mouth,
Transform every action
And uncover the refuges of my heart.
This I ask You through the Spirit
Who guides us through Your Son
To the Face of Your forgiveness.
Amen



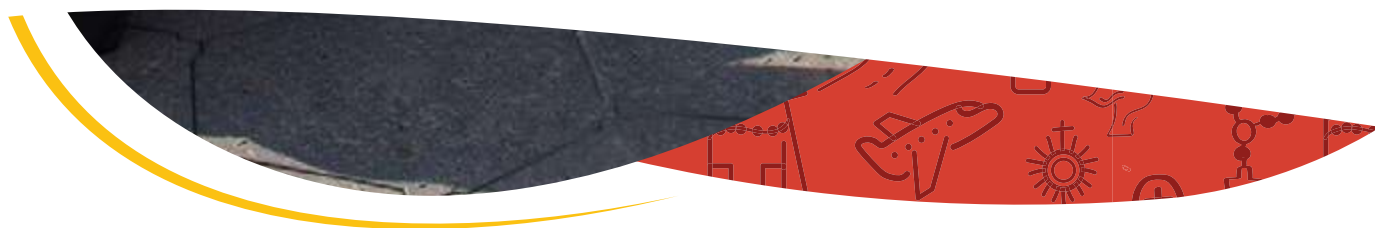
"Every Christian shares in the mission of Christ in a unique and personal way."

Pope St. John Paul II, WYD Manila 1995





PRAYING THE VOCATION





The word “vocation” comes from the Latin verb *vocare*, which means to call. It presents itself to our freedom as a call, as an invitation to the mission that God has dreamed up for each one of us.

God does not call you just to be, he calls you to a way of being. And each one of us has his own way of coming to God, he has his own vocation. To speak of vocation is to touch the deepest reality of the human being.

This is the invitation that we make to you in the City of Joy: reconcile with the Lord and go out to discover the fruitful paths of life that God calls you to follow, starting from the examples of so many who have chosen to follow Jesus in the reality of their lives.

To do this, it is very important to **GET READY**. Prepare your eyes and your heart for the diversity of ways in which the Risen Jesus continues to act today - when a vocation is lived in fullness, in the key of surrender, it becomes a spark of the face and hands of Jesus in this world.

For «the central question of our existence is this: for whom am I?» (Christus vivit 286). Let this question resonate in your heart.

SET.

And then, don't waste time in this discovery: there is a whole world crying out for you, for all the good you have to give from the talents God has given you; there is a little piece of the world that only you can take care of. **HURRY.**



May you always be moved by the joy of knowing that the more you discover and give of yourself, the more you allow yourself to be shaped by the person of Jesus and by his loving and compassionate way of looking at the world, the more you will be a sign of joy and hope in this world. **REJOICE!**

For when God raises up a vocation, «He thinks not only of what you are, but of all that you can become, together with Him and with others» (Christus Vivit 289). Believing in it with «all your heart, all your soul and all your mind» (Mt 22:36) is the way to be fully happy. **BELIEVE.**

You can embark on this path with the assurance of knowing Who is guiding you, but also someone you trust - priest, consecrated person, lay person - can be a valuable help in your discernment. You are not alone. Be grateful to all those who are examples of Jesus and can help you discover a new future.

Pope Francis says of Mary that «she gets up and gets moving because she is certain that God's plans are the best possible plan for her life.» Do the same - **RISE UP!**



And so that you don't get lost as you walk the streets of this City of Joy, here is a special «map» for you:

- *What is your prayer life like? How do you nurture intimacy with God in a time when we are scattered by so many activities and demands?*
- *How does the restlessness you experience become a path to the discovery of God?*
- *What "signs of vocation" have been given to you throughout your personal history? What role do the family, the community, the environment play?*
- *Where are you called to love the most?*



**" Young people of "World Youth Day",
the Church asks you to go, in the power of
the Holy Spirit, to those who are near and
those who are far away. "**

Pope St. John Paul II, WYD Denver 1993





EXPOSITION OF THE MOST HOLY SACRAMENT



C/: Blessed and praised be the Most Holy Sacrament of the Eucharist.

R/: Fruit of the sacred womb of the most pure Virgin Mary.

C/: May thanks and praise be given at all times

R/: to the Most Holy and Divine Sacrament.

My God I believe, adore, hope and love You.

I ask pardon of You for those who do not believe, do not adore, do not hope and do not love You.

Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly and I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the earth, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And by the infinite merits of His most Sacred Heart and the Immaculate Heart of Mary, I beg of You the conversion of poor sinners

BLESSING AND REPOSE OF THE MOST HOLY

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, True God and True Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.



Blessed be His Most Precious Blood.

Blessed Jesus in the Most Holy Sacrament of the Altar.

Blessed is the Holy Spirit the Paraclete.

Blessed be the Most Holy Mother of God, Mary Most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the Name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste Spouse.

Blessed be God in His Angels and in His Saints.



**"The fire that Jesus has brought, the fire
of the Holy Spirit, which burns away all
human misery, all sordid selfishness and
all petty thinking."**

Pope St. John Paul II, WYD Czestochowa 1991





ANGELUS



Noon prayer

V. The Angel of the Lord declared to Mary.

R. And she conceived of the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Thy word.

Hail Mary...

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary...

V. Pray for us, O Holy Mother of God,

R. that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.

Amen



**"Dear young people, let yourselves be won
by him! Christ alone is the way, the truth
and the life as."**

*Pope St. John Paul II,
WYD Santiago de Compostela 1989*

A young man with a beard, wearing a black cap, sunglasses, and a red and yellow shirt, is shown in profile. He is holding a rosary in his hands and a microphone to his mouth. He has a blue wristband on his left wrist and a brown leather watch on his right wrist. The background is blurred, showing other people. A large green circular graphic overlay is on the right side of the image, containing various white religious icons such as a cross, a heart, a dove, a chalice, and a crown. The overall theme is religious and youth-oriented.

**"Dear young people, let yourselves be won
by him! Christ alone is the way, the truth
and the life as."**

Pope St. John Paul II,
WYD Santiago de Compostela 1989

The image is a collage centered around a photograph of a young man. He is wearing a black baseball cap, dark sunglasses, and white earbuds. He holds a string of yellow beads (rosary) in his hands near his mouth. He wears a red t-shirt under a white vest that has some colorful graphics and the word "via" visible. On his left wrist, he has a blue plastic band and a brown leather watch. The background of the photo is blurred, showing other people. Overlaid on the right side of the photo is a large green semi-circle filled with various white line-art icons representing different aspects of faith and youth culture, such as musical notes, hands, a dove, a cross, and a chalice. At the bottom left, there's another semi-circle, partially red and partially green, also containing similar white icons.



HOLY ROSARY

Meditations of the Holy Rosary



GLORIOUS MYSTERIES

Introduction

"The contemplation of Christ's face cannot stop at the image of the Crucified One. He is the Risen One!" The Rosary has always expressed this knowledge born of faith and invited the believer to pass beyond the darkness of the Passion in order to gaze upon Christ's glory in the Resurrection and Ascension. Contemplating the Risen One, Christians rediscover the reasons for their own faith (cf. 1 Cor 15:14) and relive the joy not only of those to whom Christ appeared – the Apostles, Mary Magdalene and the disciples on the road to Emmaus – but also the joy of Mary, who must have had an equally intense experience of the new life of her glorified Son (St. John Paul II, Apostolic Letter Rosarium Virginis Mariae, 20).



1st Mystery | JESUS RESURRECTION

On the first day of the week, at early dawn, they came to the tomb, taking the spices that they had prepared. They found the stone rolled away from the tomb, but when they went in, they did not find the body of the Lord Jesus. While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. The women were terrified and bowed their faces to the ground, but the men said to them, "Why do you look for the living among the dead? He is not here, but has risen."» (Luke 24:1-6)

We pray that the joy of the Resurrection reaches the heart of every person, especially those who are most sad, lonely or without a purpose to live.

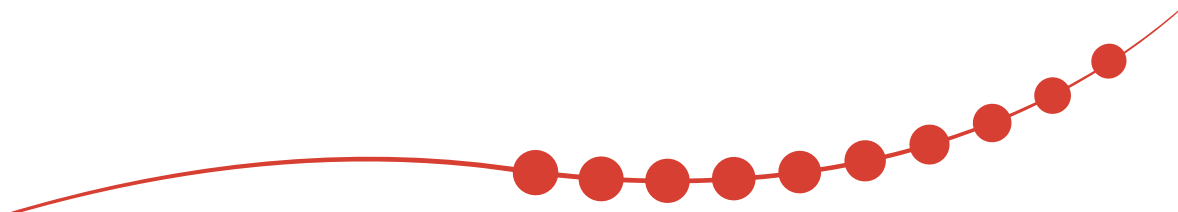
2nd Mystery | JESUS ASCENSION TO HEAVEN

«Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. While he was blessing them, he withdrew from them and was carried up into heaven. And they worshiped him, and returned to Jerusalem with great joy; and they were continually in the temple blessing God» (cf Luke 24:50-53).

Let us pray for Bishops, giving thanks for their helping us to live with our eyes focused on Heaven.

3rd Mystery | THE HOLY SPIRIT DESCENDS

«When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared





among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit enabled them.» (Acts 2:1-4).

Let us pray for those who are preparing themselves for Baptism and Confirmation.

4 th Mystery | ASCENSION OF OUR LADY TO HEAVEN

«What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable. Listen, I will tell you a mystery! We will not all die, but we will all be changed. For this perishable body must put on imperishability and this mortal body must put on immortality. » (1 Cor 15:50-51,53).

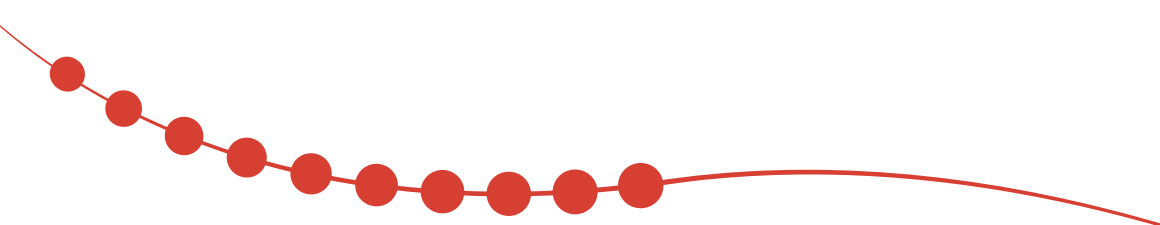
We pray for all mothers, that, inspired by Our Lady, they may raise their children well and that they might guide them to our heavenly Father, always.

5 th Mystery | THE CORONATION OF OUR LADY

«A great sign appeared in heaven: a Woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars» (Rev 12:1)

We pray for our country and for our leaders, that they may lead us always consciously committed to the common good.

Final prayer: **WYD Lisbon 2023 prayer**





JOYFUL MYSTERIES

Introduction

The first cycle, the 'joyful mysteries,' is marked by the joy radiating from the event of the Incarnation. This is clear from the very first mystery, the Annunciation, where Gabriel's greeting to the Virgin of Nazareth is linked to an invitation to messianic joy: 'Rejoice, Mary.' The whole of salvation history, in some sense the entire history of the world, has led up to this greeting. [...] Mary leads us to discover the secret of Christian joy, reminding us that Christianity is, first and foremost, euangelion, "good news," which has as its heart and its whole content the person of Jesus Christ, the Word made flesh, the one Savior of the world. (St. John Paul II, Apostolic letter, *Rosarium Virginis Mariae*, 20).



1st Mystery | **ANNUNCIATION OF THE ANGEL TO OUR LADY**

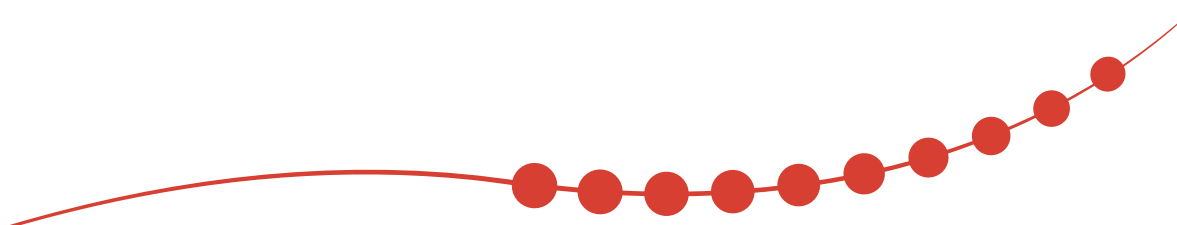
«In the sixth month of Elizabeth's pregnancy, the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And the angel came to her and said: "Hail, you who are full of grace, the Lord is with you." Mary was greatly troubled at his words and wondered what kind of greeting this might be. But the angel said to her, "Do not be afraid, Mary, for you have found favor with God. You will conceive in your womb and give birth to a son, and you are to call him Jesus. » (Luke 1:, 26-31).

We pray for all pregnant women that, enlightened by the "yes" of Our Lady, they might say "yes" to the new life growing in their womb.

2nd Mystery | **VISITATION TO ELIZABETH**

«In those days, Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting the child leaped in her womb. And Elizabeth was filled with the Holy Spirit. » (Luke 1:39-41).

We pray for every couple that cannot have children, so that, totally trusting in God, they might experience the fruitfulness of life and their conjugal union.





3rd Mystery | JESUS BIRTH IN BETHLEHEM

«In that region there were shepherds living in the fields, keeping watch over their flocks by night. Then an angel of the Lord stood before them, and the glory of the Lord surrounded them and they were terrified. But the angel said to them, "Do not be afraid! For behold I am bringing you good news that will be a great joy for all the people: to you is born this day in the city of David a Savior, who is Christ the Lord." » (Luke 2:8-11).

We pray for all unborn babies and for the end of abortion in the world.

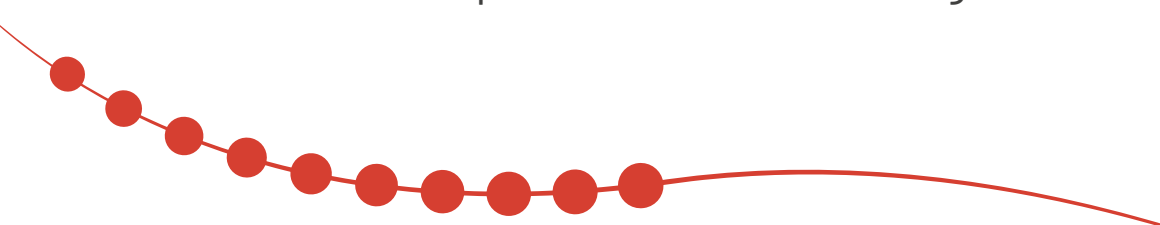
4th Mystery | PRESENTING JESUS AT THE TEMPLE

«When the time came for the purification rites required by the Law of Moses, Joseph and Mary took him to Jerusalem to present him to the Lord, as it is written in the Law of the Lord, "Every firstborn male is to be consecrated to the Lord," and to offer a sacrifice in keeping with what is said in the Law of the Lord: "a pair of doves or two young pigeons" » (Luke 2:22-24)

Let us pray for those who are preparing themselves for First Communion, so that, by being living tabernacles, they might carry Him to all those who cross their path.

5th Mystery | JESUS LOST AND FOUND IN THE TEMPLE

«Every year Jesus' parents went to Jerusalem for the Festival of the Passover. When he was twelve years old, they went up to the festival, according to the custom. After the festival was over, while his parents were returning home, the boy Jesus

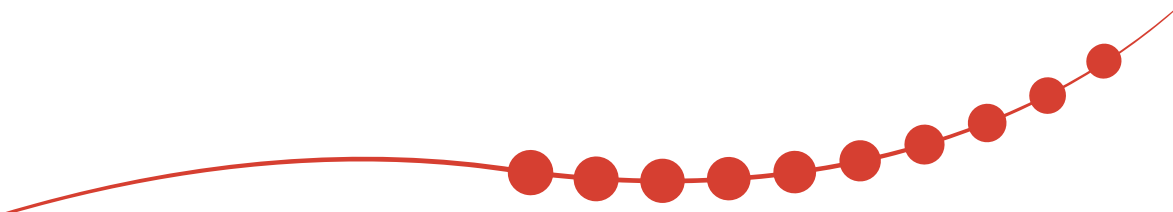




stayed behind in Jerusalem, but his parents were unaware of it. Thinking he was in the caravan, they traveled on for a day. Then they began looking for him among their relatives and friends. When they did not find him, they went back to Jerusalem to look for him. After three days they found him in the temple courts, sitting among the teachers, listening to them, and asking them questions. Everyone who heard him was amazed at his understanding and his answers» (Lk 2: 41-47).

We pray, in this mystery, for all migrants and refugees, so that they can feel welcomed, find shelter and feel they are much loved sons and daughters.

Final prayer: **WYD Lisbon 2023 prayer**





SORROWFUL MYSTERIES

Introduction

"The Gospels give great prominence to the sorrowful mysteries of Christ. From the beginning, Christian piety, especially during the Lenten devotion of the Way of the Cross, has focused on the individual moments of the Passion, realizing that here is found the culmination of the revelation of God's love and the source of our salvation. The Rosary selects certain moments from the Passion, inviting the faithful to contemplate them in their hearts and to relive them. [...] The sorrowful mysteries help the believer to relive the death of Jesus, to stand at the foot of the Cross beside Mary, to enter with her into the depths of God's love for man and to experience all its life-giving power." (St. John Paul II, Apostolic Letter, *Rosarium Virginis Mariae*, 22).



1st Mystery | THE AGONY OF JESUS IN THE GARDEN

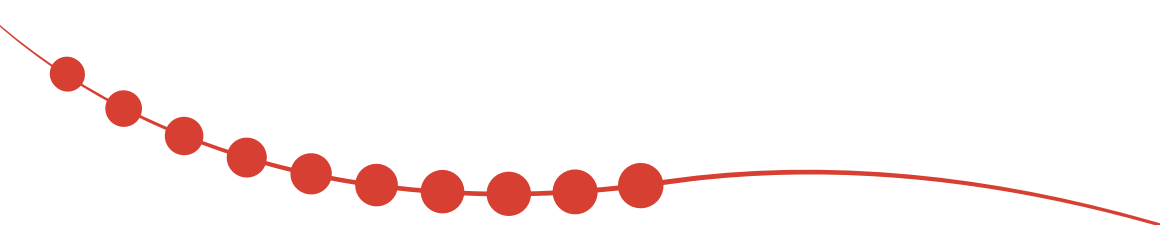
«Then Jesus went with his disciples to a place called Gethsemane, and He said to them, "Sit here while I go over there and pray." He took Peter and the two sons of Zebedee along with Him, and He began to be sorrowful and troubled. Then He said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." » (Matt 26:36-38).

Let us pray for those who live in loneliness, that Our Lord help us to be their company and mirror His Presence in their lives.

2nd Mystery | FLAGELLATION

«"What shall I do, then, with Jesus who is called the Messiah?" Pilate asked. They all answered, "Crucify him!" "Why? What crime has He committed?" asked Pilate. But they shouted all the louder, "Crucify him!" When Pilate saw that he was getting nowhere, but that instead an uproar was starting, he took water and washed his hands in front of the crowd. "I am innocent of this man's blood," he said. "It is your responsibility!" All the people answered, "May his blood be on us and on our children!" Then he released Barabbas to them. But he had Jesus flogged, and handed him over to be crucified. » (Matt 27:22-26).

Let us pray for all Christians who are persecuted and prevented from living their faith, that they can be respected in their freedom and remain firm in God who never leaves them.





3rd Mystery | THE CROWNING OF THORNS

«And then twisted together a crown of thorns and set it on His head. They put a staff in His right hand. Then they knelt in front of him and mocked him. "Hail, king of the Jews!" they said. » (Matt 27:29).

We pray for all the Consecrated, that their vocation can be a luminous sign of the Kingdom of God in the world.

4th Mystery | THE ROAD TO CALVARY

«So, the soldiers took charge of Jesus. Carrying his own cross, He went out to the place of the Skull (which in Aramaic is called Golgotha) » (John 19:16b-17).

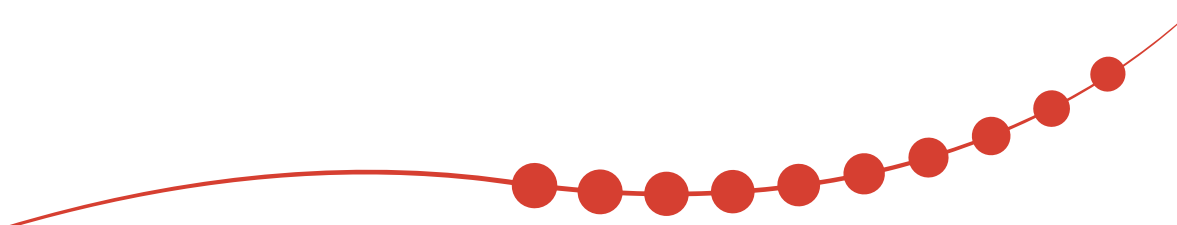
We pray for the sick, that they can identify themselves with our Lord in their path of pain, feeling His strength and support in their suffering.

5th Mystery | CRUCIFIXION AND DEATH OF JESUS

«When He had received the vinegar, Jesus said, "It is finished." With that, He bowed his head and gave up his spirit. » (John 19: 30).

We pray for all victims of this pandemic and for their families, that they can find the light of eternal life in the Crucified Christ.

Final prayer: **WYD Lisbon 2023 prayer**





LUMINOUS MYSTERIES

Introduction

«Moving on from the infancy and the hidden life in Nazareth to the public life of Jesus, our contemplation brings us to those mysteries which may be called in a special way “mysteries of light”. Certainly, the whole mystery of Christ is a mystery of light. He is the “light of the world” (John 8:12). Yet this truth emerges in a special way during the years of his public life, when he proclaims the Gospel of the Kingdom. [...] In these mysteries, apart from the miracle at Cana, the presence of Mary remains in the background. [...] Yet the role she assumed at Cana in some way accompanies Christ throughout his ministry. The revelation made directly by the Father at the Baptism in the Jordan and echoed by John the Baptist is placed upon Mary’s lips at Cana, and it becomes the great maternal counsel which Mary addresses to the Church of every age: “Do whatever he tells you” » (John 2:5). (St. John Paul II, Apostolic Letter Rosarium Virginis Mariae, 21).



1st Mystery | THE BAPTISM OF JESUS IN THE JORDAN RIVER

«Now when all the people were baptized, and when Jesus also had been baptized and was praying, the heaven was opened, and the Holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased"» (Luke 3:21-22).

We pray for those who are preparing to receive Baptism and for all catechists.

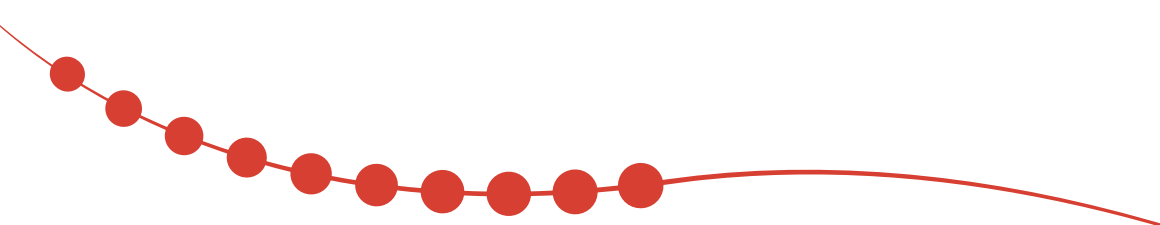
2nd Mystery | THE WEDDING FEAST OF CANA

«On the third day a wedding took place at Cana in Galilee. Jesus' mother was there, and Jesus and his disciples had also been invited to the wedding. When the wine was gone, Jesus' mother said to him, "They have no more wine". "Woman, why do you involve me?" Jesus replied. "My hour has not yet come." His mother said to the servants, "Do whatever He tells you." » (Jo 2, 1-5).

We pray for all couples who are getting ready for the sacrament of matrimony so that their life as a couple might be full of the joy brought by the wine transformed by Jesus.

3rd Mystery | THE ANNOUNCEMENT OF THE KINGDOM OF GOD

«After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. "The time has come," He said. "The Kingdom of God has come near. Repent and believe the good news!" » (Mark. 1:14-15).





We pray for the seminarians, deacons and priests, that the testimony of their vocation might be an announcement of God's Kingdom and a constant invitation to conversion.

4th Mystery | THE TRANSFIGURATION OF JESUS

«After six days, Jesus took with him Peter, James and John the brother of James, and led them up a high mountain by themselves. There he was transfigured before them. His face shone like the sun, and his clothes became as white as the light.
» (Matt 17:1-2)

We pray for all prisoners, that they feel called to start a new life, changed by the encounter with God's merciful love.

5th Mystery | THE INSTITUTION OF THE EUCHARIST

«And He took bread, gave thanks, and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper He took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you"» (Luke 22:19-20)

We pray for all those who participate in the celebration of the Eucharist and those who minister it, that communing in Lord's Body, they may form one single body and live as one heart and soul.

Final prayer: **WYD Lisbon 2023 prayer**



**"Come, young people, come to Christ, the
Redeemer of mankind!"**

Pope St. John Paul II, WYD Buenos Aires 1987





HOME COMING





Dear Pilgrim,

JMJ Lisboa 2023 has now ended

Make memories from all the moments you lived during this week. Where did Christ make himself a live and concrete presence? What did he tell you?

His appeal to your heart invites you to answer with life.

Just like our Lady of the Visitation, who in her freedom welcomed the Baby God and set out on the way to Elizabeth's house, propose yourself to also follow Jesus with humility.

Like Mary and with Jesus, you **departed** towards Lisbon. The journey started with the Church's opening, celebrated by Lisbon's Patriarch Cardinal, Lord Manuel Clemente. Now, in homecoming, we invite you to pray for your diocese's bishop and also for the unity of Church.

Trust this process to Saint John Paul II.

You, the one who **hurried** to meet with Isabel and the other Pilgrims, hurry now, on sharing the meeting experience which you lived in this journey with someone who was not able to come.

Trust this process to the intercession of Saint John Bosco.

Remember the **Joy** you felt when you welcomed the Pope, as Pilgrim, in his arrival to Lisbon. When you were welcomed by him and the whole city welcomed the Pilgrims from around the world.

Bear witness to that joy, so characteristic of the saints, in your friend group, in your family, in your youth group...

Trust this process to the intercession of Beato Carlo Acutis.



Go, again, through the path you walked with Jesus to the Calvary on the way of the cross. Seek to be like Simon of Cyrene and ease the weight of Christ's cross, **beliving** in a God who saves. Offer, with love, something which is more difficult than usual to do in your day-to-day routine.

Trust this process to the intercession of Saint Vincent.

Make memory of the Vigil in Tejo Park, what you felt, what you lived and what you thanked for. In this Homecoming, ask God to give you the humility to always have a grateful heart, opened to his Light and Grace.

Trust this purpose to the intercession of Blessed Chiara Badano.

Rise up.

Rise up and, as Saint John Paul II, acknowledge that your strength comes from God.

Rise up and, as the Saints John Bosco and John de Brito, seek to educate your faith and to always have a concern for the Apostolate.

Rise up and, as the martyrs Saint Vincent, Saint Bartholomew and Blessed Marcel Calio, seek to always have Jesus as the center of your life.

Rise up and, as Saint Anthony, don't be afraid to proclaim the good news.

Rise up and, as Blessed Maria Clara of the Child Jesus, don't forget the importance of serving those in need.

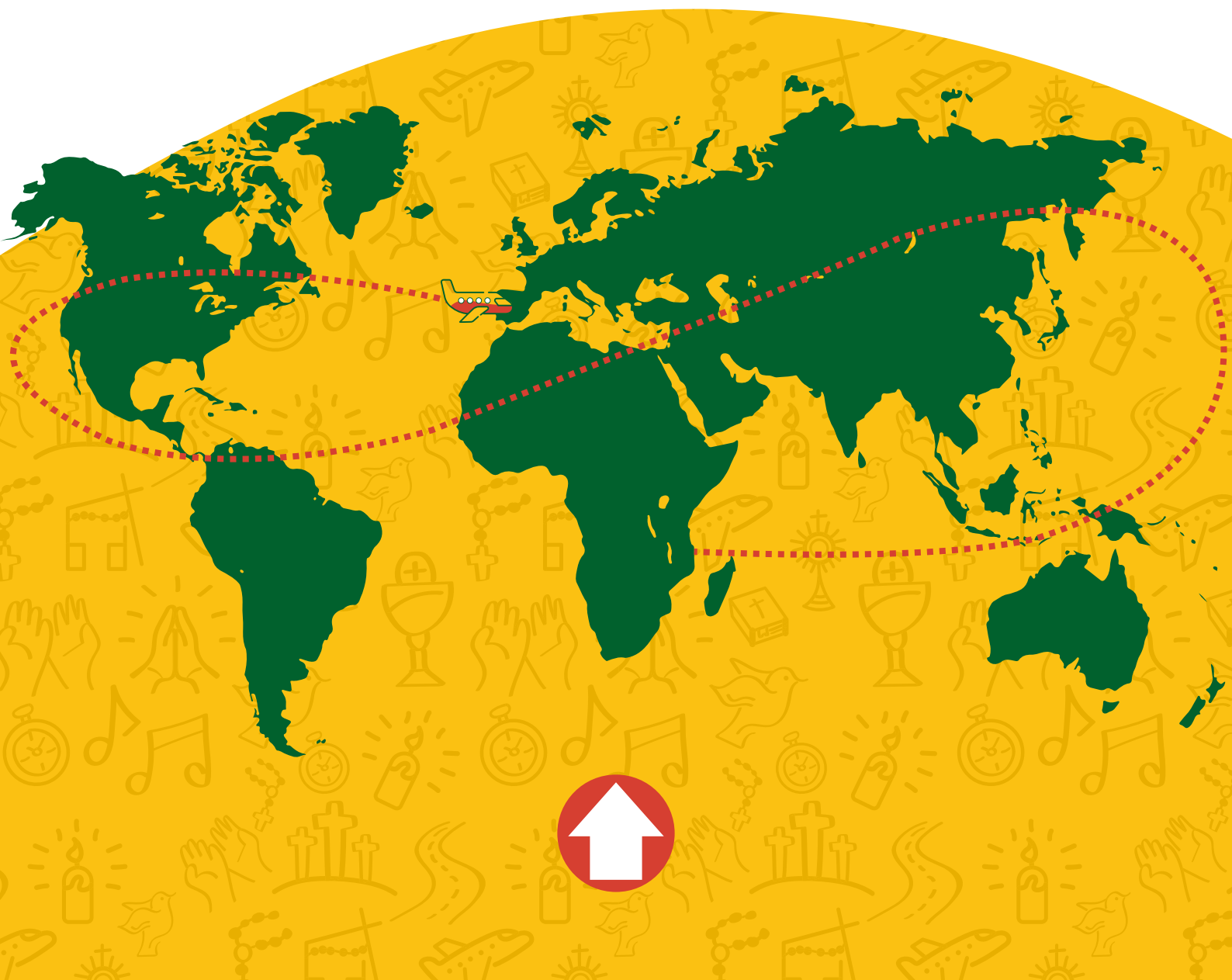


Rise up and, as Blessed Pier Giorgio Frassatti, take care of your devotion to Mary.

Rise up and, as Blessed Chiara Badano, trust in the Will of Jesus to your life.

Rise up and, as Blessed Carlo Acutis, strengthen your love for the Holy Mass.

Rise up and, as Blessed Joan of Portugal, always strive to have a pure and open heart to the transforming Grace of God.





**"The God of life speaks to us through the cross
and the resurrection of his Son."**

Pope St. John Paul II, WYD Roma 1986



Prayer Book Up 2 Pray

Elaborated by

Pastoral and Central Events Directorate
of World Youth Day Lisbon 2023

Editorial Direction

Father Tiago Melo, ssp
Rita Bento

Graphic Design

Department of Communication
for World Youth Day Lisbon 2023

Rafael Buelvas M.

Cover

Wender Batista P.

Illustrations

Eva Pal
Germán Arturo I.
Pe. Christopher Sousa (Patron Saints)

Property

WYD Lisbon 2023 Foundation
©All rights reserved



#LISBOA2023
LISBOA2023.ORG

